



The UpdATe

2021 Issue No. 3 | October



President's Message

My favorite season is upon us... we even joke in my house (and at PATS) that October brings us..."Shelltober". It is the month of my birthday, wedding anniversary, all things pumpkin spice, and here in Pennsylvania amazing fall foliage colors. It is truly my favorite time of the year. The other day leafing through a magazine I saw this autumn inspired quote from Dodinsky "I hope I can be the autumn leaf, who looked at the sky and lived. And when it was time to leave, gracefully knew life was a gift." This quote, coupled with recent loss in our community, hit me. (It also prompted an entire rewrite of this Presidential piece, so it is me you can blame for the newsletter coming out later than scheduled.)

The Athletic Training community in Pennsylvania lost two of our strongest supporters, firmest advocates, and overall, genuinely invested physicians, in athletic training.

Dr. Michael Cordas Jr. passed away in September and was considered a founding father of sports medicine having associations with Penn State, Susquehanna University, and various high schools in Central Pennsylvania. He was a steadfast advocate for athletic trainers and was instrumental in our early battles to obtain licensure and credibility in the commonwealth as healthcare providers.



Dr. Cordas was a long standing member of the PIAA Sports Medicine Advisory Committee and worked tirelessly for the safety of youth athletes and the integral role the athletic trainer played in their athletic careers. Notably, Dr. Cordas was inducted into the Pennsylvania Athletic Training Hall of Fame in 2003. Perhaps most importantly, Dr. Cordas was a good friend and honorable man and will be missed by many.

Dr. Freddie Fu, world renown orthopedic surgeon at the University of Pittsburgh Medical Center, pioneer of the "double bundle" ACL surgery, and Medical Director for the University of Pittsburgh's Athletic Training Program, also passed away in September, just 2 weeks after Dr. Cordas.

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Our Mission:

Empower Athletic Trainers to be leaders in transforming healthcare by advocating, educating, and providing resources to deliver quality patient-centered care.

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www.gopats.org

Presidents Message Continued

Dr. Fu, past recipient of a PATS Team Physician award and EATA Moyer Award, was, without a doubt, the greatest orthopedic surgeon there ever was...and I can confidently say, ever will be. Moreover, the support Dr. Fu provided athletic trainers was simply unparalleled. He WAS sports medicine in Pittsburgh and the foundation of athletic training at UPMC Sports Medicine. Friends, this was a man who would routinely stand in front of an international conference audience and basically say "if you aren't working with an athletic trainer, GET ONE". I had the fortune to meet and work with Dr. Fu as a young athletic training graduate assistant at Pitt many years ago. I remember being nervous around him at first, then quickly realizing he was not as intimidating as I expected the ortho GOAT to be...he was kind, focused, overly energetic and beyond passionate for his profession. His genuine concern for his patients and enthusiasm for sports medicine inspired me to be a better athletic trainer, and I suspect that most if not all that met him felt that way. Flash forward twenty-some years, and I am sitting in Dr. Fu's memorial service listening to eulogies from his children, friends and colleagues and cant help but notice the common underlying themes of professional passion, paying it forward, and a genuine love for life.

Thinking about that day since, and as cliché as it sounds, both of these men truly loved "life", and their profession as a part of that life. Which brings me back to the Dodinsky quote...these men were the autumn leaves....full of vibrance, passion, and fostering future growth.They channeled their passions into clinical excellence, inspired those around them to do the same, and encouraged those who needed to feel valued.

President's Message, Continued

And they did this every, single, day. They didn't have to...but chose to, it was their calling. Athletic Trainers in the Pennsylvania owe Dr.'s Cordas and Fu an enormous amount of gratitude. I truly believe we are far better positioned today as ATs in Pennsylvania because of their friendship, respect, and belief in us as healthcare professionals, and I will be forever grateful for that.

These past 18 months have been exhausting for all of us, facing challenges both professionally and personally that we never imagined. We have run through ranges of emotions from fear to perseverance, despair to hope, and more often than not probably let the stress of the pandemic influence our daily reactions. Reactions to our family, friends, coworkers, and patients. It has been hard to stay positive, encouraging, and calm. But like those leaves and these inspirational men... we have to look to the sky and *live*, find the smiles in the stress, the kind word for someone struggling, the joy regardless of how hidden, and the inspiration in the *moment*. These *moments* ARE life...as the saying goes....these ARE the "good 'ole days".

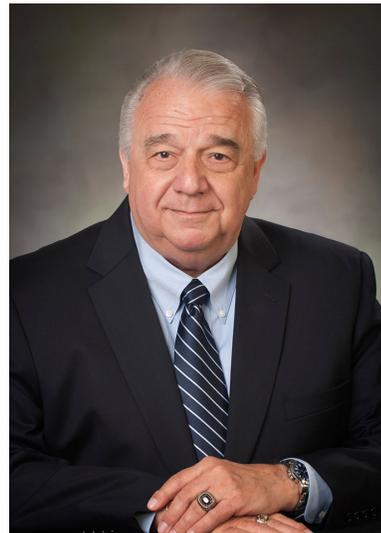
Make your moments count.

Shelly

To view Dr. Cordas' and/or Dr. Fu's obituary notices please click the links below:

Dr.Cordas

<https://obits.pennlive.com/us/obituaries/pennlive/name/michael-cordas-obituary?pid=200105477>



Dr. Fu: <https://www.legacy.com/news/celebrity-deaths/freddie-fu-1950-2021-pioneer-in-knee-surgery/>



News & Noteworthy

PATS Committee Chair Day

On July 19th the 3rd annual PATS All Chairs Day was held in State College. It was wonderful to meet everyone in person and share amazing ideas to help benefit the membership. We started the day by welcoming new committee chairs and jumped into housekeeping items. Quite a bit of time was spent on advocacy, measuring outcomes for our membership as well as looking at current PATS initiatives. Setting goals is one thing but setting SMART goals helped each committee to set their focus on obtainable and doable projects.

Breakout groups was a great way to brainstorm how best to work with each other, really engage the membership, and push our profession forward in Pennsylvania. Having that time all together helped all the committee chairs get excited for what we can accomplish in the near future for the PATS membership.



SS Athletic Trainer of the Year



Andrew Neeld was awarded the prestigious Secondary School athletic Trainer of the Year award presented by St. Luke's University Health Network this past summer. This award is well deserved and fitting since this past May he and his fellow athletic trainers at Easton HS were awarded the inaugural PATS Lifesaver Award for saving the life of an assistant wrestling coach from a cardiac event. Congratulations Andrew and PATS wish you continued success in your future endeavors.

News & Noteworthy



KSI and PATS TUFFS Day

The Korey Stringer Institute (KSI) and the Pennsylvania Athletic Trainer's Society (PATS) partnered and hosted dozens of medical and sports safety leaders at Heinz Field in Pittsburgh, PA. Team Up For Sports Safety (TUFSS) is a KSI initiative that is funded to educate, strategize, and discuss policies to prevent sudden death in sports and improve the health and safety of athletes across the nation.

PATS is grateful to the Pittsburgh Steelers for hosting the event at the stadium. We are also appreciative of John Norwig & Jerome Bettis who were quoted in the press announcement about the importance of the collaborative focus of the day's activities. The day was filled with outstanding conversation, raised awareness, an assessment of current practices, and forming the foundation for PATS to continue to champion the collaborative efforts to raise the standard of health care to all patients/athletes across the Commonwealth.

UFSS presentations included evidence-based education surrounding the 4 top causes of sudden death in athletes, education on the status of state-wide access to athletic trainers through the ATLAS project, previous experiences by other state leaders, breakout groups addressing current practices/policies across the Commonwealth, and finally action items for the initial actions to result from the day's events.

A special thank you to the TUFSS planning committee – which consisted of PATS representatives Shelly DiCesaro, Kiernan Melograna, Ellis Mair, Tanya Miller, Marc Schaffer, & John Moyer, in addition to KSI representatives Becca Stearns & Christi Eason. Their hard work and time over months of planning resulted in a very successful day, which is just the start of some very exciting things to come. If you are interested in helping with these efforts – please reach out to President Shelly Fetchen DiCesaro (PresidentPATS01@gmail.com)



PATS Committee News

Community and Youth Activities

Chair: K Ellis F Mair, EdM, ATC
CommunityandYouthPATS@gmail.com

No news submitted

Continuing Education

Chair: Becky Mokris, D.Ed., LAT, ATC
ConEdPATS@gmail.com

The continuing education committee has been extremely busy this summer. In July the committee sent out over 300 CE certificates for the live virtual PATS Symposium! That's a great turn out 😊. We are working very diligently to send out all the final certificates for the on-demand content which will complete the continuing education certificates for all of the virtual PATS symposium. Keep an eye out for those certificates in your inbox! If you don't receive your CE certificate by Nov 1st, please email me at conedpats@gmail.com. In my experience in sending out CEs via email, many employers emails either block Gmail accounts OR the email goes to the spam/junk mail folder. Therefore, it is important to email me so I can resend your certificate.

What are working on next?

The committee is working next to update the policy and procedure handbook to reflect the new BOC reporting Standards that take effect Jan 2022. Be sure to go to bocatc.org to check on the new reporting requirements in 2022!

Corporate Relations

Co-Chairs: Richard Bertie MS, LAT, ATC, PES
Sara Miraglia, MA Ed, LAT, ATC
corporaterelationsPATS@gmail.com

The PATS Corporate Relations Committee is currently seeking potential partners and/or sponsors for the 2021-2022 fiscal year. We have a variety of options such as sponsorship of the 2022 PATS Student Symposium, 2022 PATS Annual Symposium, PATS Podcast, PATS Regional Events, PATS Social Media, and much more! If you have anyone in mind, please reach out to Rich Bertie or Sara Miraglia at corporaterelationspats@gmail.com

Convention

Chair: Liz Evarts, LAT, ATC
ConventionPATS@gmail.com

PATS is planning the 2022 convention and we plan to be in person again! As requested by our members, we are shortening the program to 2 days and looking for ways to offer a virtual component. Keep an eye out for convention news with more details.

College & University

Chair: M. Scott Zema, M.Ed, LAT, ATC
CollegePATS@gmail.com

No news submitted

PATS Committee News

Educators

Chair: Mary Murray
EducatorsPATS@gmail.com

In August, the PATS Educators committee got to work establishing some goals and initiatives for the year. One of our goals is to leverage the newsletter to increase communication among all of those involved in AT education – program directors, faculty, clinical faculty, preceptors, and students. We invite all members to share updates and information with us at educatorspats@gmail.com

AT Program Updates: Congratulations to Chatham University MSAT Program for receiving initial CAATE accreditation! Clarion, IUP, and Immaculata University are all seeking accreditation for a professional master's program.

All Educators: The EATA Educator's Summit, January 7, 2pm-8pm at Foxwoods Resort & Casino in Mashantucket, CT will be held in conjunction with the EATA Annual Symposium. The theme of the 2022 Summit is Best-Practices in AT Education with a focus on Competency Based-Education, Teaching and Assessing Clinical Reasoning and/or Professionalism. Register [here](#).

Call for Proposals! The Educators Committee is seeking proposals for the 2023 PATS Student Symposium. Details of the proposal can be found [here](#) and on the PATS webpage. Submit completed proposals by February 1 to educatorspats@gmail.com

Preceptors: The NATA offers a Master Preceptor Program for members through the Professional Development Center (PDC). The courses are EBP CEU earning and created to assist preceptors, or practicing clinicians interested in serving as preceptors, in effectively facilitating high-quality clinical learning experiences for students. Find the PDC in your NATA member dashboard.

Chat with other preceptors! The NATA Professional Education Committee is offering Preceptor Chat Series. These peer-to-peer sessions will establish a forum for preceptor learning and promotion of clinical teaching skills and techniques. NATA members who serve as preceptors for professional degree programs, will have the opportunity to develop, lead, moderate and attend chat sessions through virtual platform sessions. The chats are moderated by a preceptor with a specialty or interest in an area of clinical education. These are not presentations but rather chats designed to connect preceptors and promote learning in a way that may not have been previously possible. What topics are of interest and importance to you? Share your ideas [here](#).

Students: SAVE THE DATE! PATS Student Symposium will be held March 4 and 5, 2022 and hosted by the University of Pittsburgh.

Clinical Immersions: We would like to highlight any clinical immersions that students have experienced or that your site offers. Please share any unique clinical immersion settings with us at educatorspats@gmail.com

PATS Committee News

Ethics

Chair
Jackie Williams, PhD, LAT, ATC
EthicsPATS@gmail.com

Do you know how to file an ethics complaint? Visit the PATS 'About Us' website (or click [here](#)) to read about the process for filing a complaint against a Commonwealth athletic trainer ethics. You can also find the PATS Code of Ethics and the NATA Code of Ethics.

<https://www.gopats.org/about>

Free Communication

Chair: Aaron Hand, LAT, ATC
freecommunicationpats@gmail.com

The free communication committee will be accepting abstracts from students who are interested in doing an oral presentation at the annual student symposium being held at The University of Pittsburgh in March 2022. The call will be sent to program directors around the end of October and the due date will be early January. Stay tuned for more specific dates.

Hall of Fame

Chair: Julie Ramsey Emrhein, M.Ed, LAT, ATC
emrhein@calu.edu

The HOF Committee is working on updating the contact information of our former inductees. In addition; the committee has been discussing the possibility of honoring the future inductees with rings (similar to the NATA), or continuing with the planting of a tree in their honor, that has been done more recently. The HOF Committee will work with the EB to discuss opportunities for sponsorship of these trees and/or rings.

Nominations for the Pennsylvania Athletic Training Hall of Fame are due by December 1, 2021. Nomination procedures and criteria are listed on the HOF page on the PATS website. Please go to the HOF page on the PATS website and click on nominate if you know of a person worthy and deserving of this honor.

Governmental Affairs

Chair: Tanya Miller, MS, LAT, ATC
governmentalaffairsPATS@gmail.com

Greetings. As the fall is beginning, PATS and the GAC have some exciting news. The Cosponsor Memo soliciting PA Senators to join in our future legislation has been released! Please find the link to the Cosponsor Memo here:

<https://www.legis.state.pa.us/cfdocs/Legis/CSM/showMemoPublic.cfm?chamber=S&SPick=20210&cosponId=36244>

PATS Committee News

Governmental Affairs Continued

This is the first official step in our goal of practice act reform in the Commonwealth. You should have received information from PATS President Shelly Fetchen DiCesaro urging you and all of those you know, to send a letter through our link to your Senator to sign on to this bi-partisan legislation. If you have not done this yet, please see the link on the Advocacy page on the GoPATS website: gopats.org. Once the cosponsors have been identified, the actual bill will be introduced and PATS will be asking again for your help. We will need letters sent to your legislators to support this important legislation for Athletic Trainers in every setting in Pennsylvania. The process to send a letter is only a few steps. PATS has a link that will take you to a page where you input your information, the database finds your Senator and then will send a pre-prepared letter from you. As mentioned above, the link can be found under the Advocacy tab on the GoPATS website. The password for the members only section of the Advocacy tab is PATSADV21.

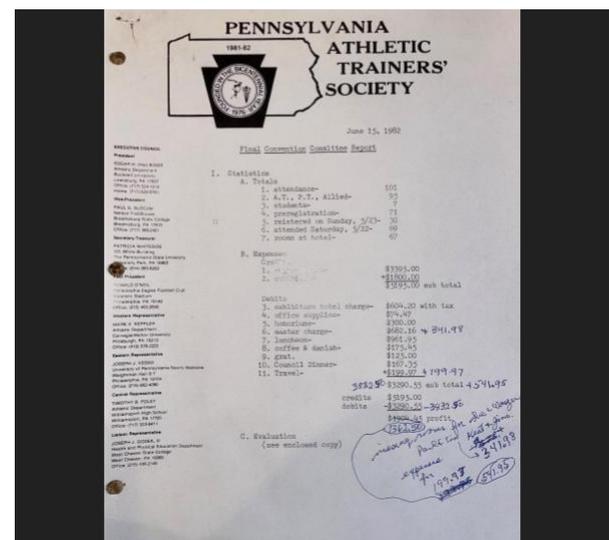
History & Archives

Co-Chairs: Richard M. Burkholder, LAT, ATC
Sandy Zettlemoyer, LAT, ATC
historyandarchivespats@gmail.com

The History and Archives Committee is dedicated to acquiring and preserving the rich past of PATS and Athletic Training as a profession. PATS has accumulated documents, memorabilia and correspondence since our

inception and we continue to ask our membership for any items that celebrate our history. The History and Archives Committee is working hard to advance our initiatives which include: Identify new members, investigate media outlets that can digitize any and all items currently in storage, explore opportunities for our Hall of Fame members and those with 30+ years of service to the profession to be digitally interviewed about the growth and direction of Athletic Training for posterity and develop interview questions for the digital interviews. There is much to do to advance the Committees objectives for 2021-2022. We are looking for new members to take an active interest in achieving our goals. Please consider volunteering and contact Sandy Zettlemoyer at historyandarchivespats@gmail.com with questions and suggestions.

Below is a picture of the expense report for the Second Annual PATS Convention and Symposium. Check out the costs and the list of "heavy Hitting, HOF" Ex Council Members.



PATS Committee News

Honors & Awards

Chair: John Post, MBA, LAT, ATC
HonorsandAwardsPATS@gmail.com

The Honors & Awards Committee is looking for some new members. If you would like to be a part of this committee please visit the PATS website and fill out the Volunteer Form.

Current awards available consist of 5 student scholarships each worth \$2000, the Honorary Team Physician Award, and Distinguished Merit Award. Applications are available on the PATS website. [Deadline is December 1, 2021](#) for Team Physician and Distinguished Merit Awards. [Deadline is April 1, 2022](#) for the Student Scholarship Awards. A maximum of two separate nominations per school is allowed.

The Honors & Awards Committee is continuing to work with the Executive Board on specific tasks to support the awards like funding and development.



Inclusivity

Chair: Mercedes Himmons, PhD, LAT, ATC
inclusivitypats@gmail.com



Dr. Antonia Novello was the 1st Hispanic woman U.S. surgeon general. Dr. Novello worked to battle health inequities among poor & minority groups.

#HispanicHistoryMonth
#WomenInMedicine

“Service is the rent that you pay for living.”

Membership Engagement & Value

Chair: Mary Kathryn Schickel, MS, LAT, ATC
MemberEngagementPATS@gmail.com

WELCOME to our NEW PATS members!!

Karen Newill-Brown
Renee Messina
Kaitlyn Epler
Pamela Anderson
Jason Schoonover
Kimberly Whelan
Scout Schultz
Mari-Kate O'Shaughnessy

PATS Committee News

Nominations

Chair: Matt Frantz MEd, LAT, ATC
nominationspats@gmail.com

2022 will be a year in which membership has the chance to vote for a new president-elect! The PATS Nominations Committee is currently working on a project to see what criteria, if any, should be needed to run for the president-elect position in comparison to other athletic training organizations. We are hoping for a vast and diverse group of nominees for the 2022 election cycle. Nominations for the president-elect position and board seats for the Northcentral and Northwest regions will open in January. If you're looking to be involved, this is your chance. Please get with friends, mentors, colleagues and those involved with PATS to discuss these great opportunities to lead. Diverse candidates are welcome!

PA AT Political Action Committee

We support PA legislators that support ATs and all of our patients.



DONATE TO THE PATPAC!
PLEASE and THANK YOU!

Practice Advancement (COPA)

Chair: Stephanie Walsh, MS, LAT, ATC, CEAS I
COPAPATS@gmail.com

The mission of the Council on Practice Advancement (COPA) is to represent the emerging settings of athletic training by increasing awareness, demonstrating value and assisting in efforts to expand and advance the profession. The emerging settings include, but are not limited to, Armed Forces, Rehabilitation Clinic, Health Care Administration, Occupational, Performing Arts, Physician Practice, Private and Emerging Practice, Public Safety, Community Outreach and Analytics and Outcomes. The COPA committee is striving to promote and advocate the Athletic Training profession within our emerging settings. Please look for our efforts shared within quarterly webinars!

PAT-PAC

Chair: Dave Marchetti, MS, LAT, ATC, CSCS
paathletictrainerspac@gmail.com

ATTENTION: The PENNSYLVANIA ATHLETIC TRAINERS' POLITICAL ACTION COMMITTEE will hold it's "WEEK OF GIVING" from October 24-31, 2021. During this week, all PATS members will receive a few text messages requesting their participation. Your donations are extremely important in helping to support legislators and legislation that is beneficial to all ATs in the commonwealth. We ask that you please make a donation during that time. If you choose to opt out of receiving the text message solicitation please click on this link and "opt out" by 10/15/21.

<https://forms.gle/yt9a7P3b1L91LPUU7>

PATS Committee News

Public Relations

Co-Chairs: Branden Green, MS, LAT, ATC
Emily Duckett, MS, LAT, ATC
PublicRelationsPATS@gmail.com

What has PR been up to?

Our primary initiative has been
branding!

In collaboration with members and committees we are
striving to create a professorial recognizable image for PATS

Want to collaborate?

If you would like to share
something with our community
we can help you brand it!

Use this QR code to complete a PR intake
form. Then we will help you turn your
submission into a PATS branded graphic!



Newsletter

Chair: Jessica Kastin MS LAT ATC
quarterlynewsPATS@gmail.com

First was the new name: **The UpdATe!**
Now check out our **new look!** Let us know
how you like it and submit any news you
have at the PATS website.

Research

Chair: Alison Gardiner Shires, PhD, ATC
researchgrantpats@gmail.com

The PATS Research Committee is now
accepting applications for the PATS, Inc.
Supported Research Grant. PATS members
who are in good standing with the BOC and
hold a license to practice athletic training in
Pennsylvania are encouraged to apply for this
award. The purpose of this program is to
facilitate the advancement of the athletic
training profession.

Initiated in 1993, The PATS Supported
Research Program, offers a unique opportunity
for members of the Society. The grant, in an
amount of up to \$5,000 will be officially
awarded in May/June at the PATS Annual
Meeting. Completed applications must be
received by March 1, of each year. Please visit
<https://www.gopats.org/research-award> for
submission details and more information.



PATS Committee News

Secondary Schools

Chair: Kiernan Melograna LAT, ATC
secondarieschoolpats@gmail.com

WINNER WINNER! PATS challenged the Athletic Training Society of New Jersey (ATSNJ) to see who could have the most SSATs enter information into ATLAS. And we won! Thank you to everyone who entered information into ATLAS. Those who haven't yet, please do so soon. It is an important tool for all of us. Again, THANK YOU for putting PA on top!!!

PATS wins the ATLAS Challenge!



100 surveys since this challenge for PA



60 surveys since this challenge for NJ



Technology

Chair: Jesse Townsend, MS, LAT, ATC
TechnologyPATS@gmail.com

The Technology Committee has concluded the Committee Spotlights and now has been posting Advocacy Tuesdays. The recent top performing Facebook post was Hannah Smeltzer's Advocacy Tuesday post. The top performing Instagram and Twitter post was the TUFSS press release regarding the TUFSS press release regarding the

"Team Up for Sport Safety Program" recently held in Pittsburgh. Pittsburgh continues to have the highest following on our social media platforms. Philadelphia tied Pittsburgh briefly on Instagram, but the Steel City regained the lead. Where are you, Philly? You're a much bigger city.

The committee continues to produce the PATS Podcast. Check out Episode 23 with Daniel Lorenz, DPT, PT, ATC, CSCS and lead author of the recent article on Blood Flow Restriction Training published in the Journal of Athletic Training.

Find all of the PATS Podcasts on our home page, <https://www.gopats.org>, or on our YouTube channel:

<https://www.youtube.com/user/gopatsAT>.

Young Professionals

Chair: Joanna Entz, MS, LAT, ATC
patsyoungpros@gmail.com

Young Professionals have had Co-chair Donnie Russell step down and we would like to thank Donnie for all his hard work on this Committee. We are looking to add new committee members for the southcentral region. Additionally we will be adding more social/ CEU Events for the Winter and Spring seasons.

PATS Regional Representative News

Northeast

Rep: Matthew Shelton, MS, LAT, ATC
NErepPATS@gmail.com

I hope everyone made it out of Pre-Season alive this past August. I know most of us are currently trying to keep our heads above water with managing our injured athletes, dealing with COVID related issues, keeping up with our SOAP notes, trying to spend quality time with our families, and finding some "ME" time to bring our mental health into a healthy range. I find this AT meme sums up what most of us feel about our schedules. Being a preceptor for East Stroudsburg University, I relay a simple saying to my SAT's "The worst thing about this career is the hours, but the best this about this career is the hours." You win some days and your leaving work when it's still daylight and some days not so much. I would just like to say that in the coming days, the PATS Executive Board and our Committees have some very good things coming down the pipeline legislative-wise and other programs. For one, PATS Chat, our take on a TED Talk, will be advertised very soon and should be very interesting and hopefully thought-provoking. Stay tuned. Thank you for everything you all do and take it one day at a time. If I can be of assistance please don't hesitate to reach out.



Southeast

Rep: Kyle Harris, MS, LAT, ATC
SErepPATS@gmail.com

Congratulations are in order for Steve Thomas being recognized as a Expertscape Expert In Baseball!

Also, congratulations to our President, Shelly DiCesaro on her news position with the University of Pittsburgh Athletic Training Program.



PATS Regional Representative News

Northcentral

Rep: William J. Frye, LAT, ATC
NCrepPATS@gmail.com

Congratulations to Lock Haven University student Kasey Cole. Kasey was the recipient of the PATS Inc., Otho Davis Scholarship.

Congratulations to Dr. Yvette Ingram, PHD, LAT, ATC at Lock Haven University for receiving the NATA State Association Advisory Excellence in Leadership Award at the Virtual State Leadership Forum on 7/13/2021. The Award is given to state leaders who demonstrate excellence in their state association duties with more than 10 years of excellence in their state. Yvette is very deserving of this achievement.

On Sunday September 26th John "DOC" Moyer Jr, LAT, ATC came to Williamsport and conducted a PIAA Weight Assessor course in Williamsport for our area AT's who needed the certification. Huge thank you to John for taking time out of his Sunday to come to Williamsport and help our AT's with that certification. Much appreciated!

Huge thank you to Brian Howland at Guthrie Health for organizing this and Seth Kinley and Mike Ludwikowski at UPMC for hosting the event.

Southcentral

Rep: Chris Seldomridge, LAT, ATC
SCrepPATS@gmail.com

Thank you to those health facilities highlighting athletic trainers in their marketing campaigns in the south central region. Reminder to send information of highlights, news, about athletic trainers doing great things in our area, fundraisers, or ideas to help grow the profession.

Please continue to reach out to me if you need assistance, have concerns, or just need to talk to and/or bounce ideas off of someone.

Northwest

Rep: Hannah Smelcser MS, LAT, ATC
NWrepPATS@gmail.com

No news submitted



PATS Regional Representative News

Southwest

Rep: William Ankrom, MS, LAT, ATC
SWrepPATS@gmail.com

Freddie H. Fu, M.D., the creator of UPMC's world-renowned sports medicine program, long-time chairman of the University of Pittsburgh School of Medicine's Department of Orthopaedic Surgery and head team physician for Pitt's Department of Athletics, died Friday, September 24, surrounded by his loving family.

Dr. Fu was one of the most recognized and beloved physicians in Pittsburgh and is acclaimed worldwide for his innovative research and teaching, leading to many clinical advancements in sports medicine and orthopaedic care, particularly in treating knee injuries. Throughout his life and career, Dr. Fu worked passionately to always set the bar higher for his local, national and international medical/surgical colleagues, thousands of medical students, surgical residents and fellows, all for his tens of thousands of patients – elite, professional, Olympic and amateur athletes from around the globe as well as non-athletes from around the corner, all who sought clinical care from the best. As an ardent proponent and supporter of diversity in medicine, Dr. Fu developed one of the most ethnically and gender-diverse academic and clinical departments in the country.

He also is known for his enormous impact on the entire Pittsburgh region as a deeply devoted and enthusiastic community ambassador, actively serving for more than 30 years on the boards of numerous non-profit organizations and life-enriching initiatives.

Dr. Fu is survived by his wife of 47 years, Hilda Pang Fu, who shares her husband's enduring community commitment, often witnessed partnering with him as well as leading her own projects. Dr. Fu was a proud and doting father and grandfather.

He founded western Pennsylvania's first sports medicine program in 1986 in a small suite near Pitt's main campus. In 2000, after outgrowing a second, bigger location, the UPMC Center for Sports Medicine moved into a newly built 37,000-square-foot building on Pittsburgh's South Side, within the 60 acres now known as the UPMC Rooney Sports Complex. In 2018, the center was reopened as the UPMC Freddie Fu Sports Medicine Center following a multi-million-dollar renovation and expansion. The complex, built on the site of a sprawling shuttered steel mill, also served to economically revitalize the surrounding area. In 2015, Dr. Fu guided a partnership between UPMC and the National Hockey League's Pittsburgh Penguins to build a sports medicine and training facility in Cranberry Township, a suburb north of Pittsburgh.

PATS Regional Representative News

Southwest (cont.)

Dr. Fu expanded and advanced UPMC Sports Medicine to become one of the largest, most comprehensive clinical and research programs in the world, uniquely placing dozens of leading multi-specialists under one roof for the prevention, treatment and rehabilitation of chronic and acute sports-related and non-sports-related injuries and conditions ranging from ankle sprains to knee ligament tears to concussions.

Dr. Fu was particularly proud of his role as an instructor and mentor. Along with the thousands of medical students, residents and fellows he guided throughout his career, Dr. Fu went out of his way to celebrate their successes: He and Hilda sponsored and hosted Pitt's 2018 White Coat Ceremony, celebrating first-year medical students. Each year since, he led the incoming class in reciting the Hippocratic Oath, marking students' commitment to integrity as doctors.

Dr. Fu served as the company physician for the Pittsburgh Ballet Theatre (PBT) for 37 years. When Dr. Fu first launched the UPMC Sports Medicine program at PBT, he placed it among the first professional ballet companies in the country to house a medical residency program tailored to dance. Dr. Fu was in the audience for every production, ready to provide immediate care in the event of an onstage injury. UPMC Sports Medicine physical therapists and athletic trainers still visit the studios five days a week to work with dancers.

UPMC Sports Medicine professionals still attend every dress rehearsal and performance, even when the company is on tour.

For 32 years, Dr. Fu was the beloved head team physician for the University of Pittsburgh Department of Athletics. And, as the first team physician for Pittsburgh's Mount Lebanon and Central Catholic high schools in 1984, Dr. Fu established the first-ever high school athletic training program in western Pennsylvania, a program that has grown into one of the largest in the country, supporting 44 high schools. He also was instrumental in initiating the on-site presence of emergency medical services at high school football games. The National Athletic Trainers' Association awarded him the Presidential Challenge Award for his significant contributions and support in advancing athletic training.

In lieu of flowers or gifts, the Fu family kindly asks memorial contributions to be made to the Fu Family Legacy Fund in the Department of Orthopaedic Surgery at the University of Pittsburgh, P.O. Box 640093, Pittsburgh, PA, 15264-0093, or <https://pae.pitt.edu/FuLegacy>.

Photo credit below courtesy to Pitt Athletics



Treasurer's Report

	9/17/2021	9/1/2020	Difference
Checking (Main- Wells Fargo)	\$93,073.90	\$89,551.81	\$3,522.09
Scholarship- Wells Fargo	\$224,452.03	\$195,868.93	\$28,583.10
Research- Wells Fargo	\$108,818.13	\$102,067.42	\$6,750.71
PNC	\$10,542.57	\$0.00	\$10,542.57
Total	\$436,886.63	\$387,488.16	\$49,398.47

Disbursements

	2020-2021	2019-2020	Difference
March- June	7,618.80	5,571.00	\$2,047.80
July – Sept	\$ 7,646.40	\$ 1,291.80	\$6,354.60
Oct-Nov	\$ 64,493.20	\$ 14,653.20	\$49,840.00
Dec	\$ 6,463.20	\$ 46,999.20	(\$40,536.00)
Jan-Feb	\$ 4,275.00	\$ 23,927.40	(\$19,652.40)
TOTAL	\$ 90,496.60	\$ 92,442.60	(\$1,946.00)

April-June	\$ 4,275.00
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