



The UpdATe

2023 Issue No. 1 | January 2023

A Lifetime of Service: John "Doc" Moyer

"This fall Wilson High School in Berks County, PA, celebrated the career of John "Doc" Moyer. Doc has personified service throughout his career in athletic training. Below is the speech given by Kiernan Melograna, Chair of the PATS Secondary School Committee and athletic trainer at Wilson High School for the dedication of the athletic training room in Doc's name.

Thank you all for being here to join in this celebration of Doc's career here at Wilson. I am so honored to be speaking at this ceremony tonight. Doc and his family are all very special to me.

I have known Doc for just shy of 30 years.

I met him for the 1st time in 1994 while I was a student athletic training Aide at Muhlenberg. He was so kind, and obliged my crazy idea of coming on a field trip to visit his Athletic training room here at Wilson.

From there I kept in touch with him throughout my time at West Chester University, and worked Soccer camps with him during the summer. His love of Athletic training was evident and contagious.



After graduation I worked one year at a PT clinic in Allentown before he called me and asked me to apply for his open position at Wilson. And here I've been since the fall of 2001 after interviewing with Roy Snyder & Doc.

He has always been a tremendous role model and mentor. He welcomed me in and fostered my growth as an athletic trainer. I've watched him do the same thing with countless high school students and college athletic training students, some here in attendance this evening.

He has done so much for the profession of Athletic training in Berks county, PA and beyond, but especially here in the Wilson Community. He's a tremendous athletic trainer and a wonderful human being. I'm blessed to have been his coworker for 18 years, and more importantly his friend.

I plan to continue to build on the strong foundation & tradition of Wilson Sports Medicine that Doc started in 1979 with Kyle by my side. Congratulations Doc!

Inside this Issue:

- News & Noteworthy.....**3**
- Committee News.....**8**
- Regional News.....**12**
- Treasurer's Report.....**14**



Our Mission:

Empower Athletic Trainers to be leaders in transforming healthcare by advocating, educating and providing resources to deliver quality patient-centered healthcare.

PRESIDENT

Nicole Cattano, PhD, LAT,ATC
PresidentPATS01@gmail.com

PRESIDENT-ELECT

Jamie Mansell, PhD LAT, ATC
PresidentElectPATS@gmail.com

PAST-PRESIDENT

Shelly Fetchen DiCesaro, PhD, LAT, ATC
PastPresidentPATS@gmail.com

SECRETARY

Branden Green, MS, LAT, ATC
secretaryPATS@gmail.com

TREASURER

Miranda Fisher, MS, LAT, ATC
TreasurerPATS01@gmail.com

PARLIAMENTARIAN

Marguerite Carver, MS, LAT, ATC
ParliamentarianPATS@gmail.com

Visit us at:
www.gopats.org

AJ Duffy: NATA President Elect

Pennsylvania's own AJ Duffy (Widener University) has been announced as the next NATA President and will serve in the President-Elect role prior to taking office.

AJ is a former PATS-President, EATA President, and District 2 Director.

We are excited to see where he leads our association and profession!

Congrats AJ!!!



WCU Phil Donley Legacy

The 50+ Years of Athletic Training Education at West Chester University was celebrated in Philadelphia with many alums/supporters and athletic training greats.

The future renovated facility will be named in Honor of Phil Donley



News & Noteworthy

Call for Nominations for Executive Board Positions

Nominations are currently being accepted for the following open positions:

- Secretary
- Northeast Representative
- Southcentral Representative

(All are 3 year terms)

In order to be eligible for a representative position you must reside or work in the region you are representing. Counties that fall under each region can be seen on the map below.

Nominations must be submitted using two steps:

1. Complete the Nominations form [HERE](#)
2. Email nominationspats@gmail.com to confirm your submitted form.

Nominations are open until the end of the day, 2/28/2023.

If you do not receive confirmation of the nomination from the Nominations Committee, email nominationspats@gmail.com, please don't be afraid to reach out!



Clarks Summit University Announces 2022 Hall of Honor Inductees: Ronnie Chastain

Ronnie Chastain has served as Clarks Summit University's head athletic trainer since 2004. Working with hundreds of student-athletes, he has played a major role in the success of Defender Athletics. The athletic training facilities and quality of care has grown over the past two decades under Chastain's leadership. With a reputation for excellence in his field, students from other universities in need of athletic training practicum observations seek Chastain as their first choice to observe. Chastain, a certified athletic trainer with a fun personality, also served as resident director of Christen Hall, teaches classes and cares for students both in and out of the training room. Faithfully serving CSU for 18 years, Chastain is known for his devotion to faith and dedication to hard work.

<https://gocsufdefenders.com/news/2022/4/9/general-clarks-summit-university-announces-2022-hall-of-honor-inductees.aspx>



Executive Director Letter

Linda Mazzoli Retirement

Dear PATS membership,

The profession of Athletic Training has changed dramatically over the last 25 years. During that history in Pennsylvania we have seen Athletic Trainers gaining appropriate recognition and valued for their services. We have seen legislation changes giving us licensing under the PA Board of Medicine and State Board of Osteopathic Medicine. Encouraging ideas and Innovation has been embraced by our society with the implementation of Social Media Platforms, Zoom Executive Board meetings, Progressive Educational platforms (even when the country was shut down), and more recently with our Society's data analytics showcasing successful outcomes and areas for improvement. Throughout this time there have been amazing individuals, committees and Executive Board members within our state, volunteering their time, energy, ideas, innovation and passion for the continued growth of our profession not only within the state, but continually as a leader within the Nation.

I wanted to take this opportunity to Thank all who have volunteered and those who continue to actively participate in our Society, pushing us to new and great heights. PATS has become a force in the Allied Health care arena! I also wanted to thank you for allowing me to be part of these amazing success as PATS Executive Director. When I accepted the position of Executive Director 10 years ago, it was with the goals of helping PATS plan for the future growth of the Society. PATS has continued to grow and is currently well positioned with 3 Great leaders in the President, President-elect and Past President roles that now allows me the opportunity to retire. The last 10 years have been a privilege that I will always cherish. Thank you for allowing me to be part of this Society's growth and passion for our profession. I encourage everyone to volunteer. There are always positions needed (committee members Committee Chairs, or even Executive board member).

Continued Success will depend on those in our society helping to support the Executive Board to achieve the outlined plans for success. If everyone participates, the load is smaller.

"Volunteers do not necessarily have the time; they just have the heart."

"Volunteers are the only human beings on the face of the earth who reflect the nation's compassion, unselfish caring, patience, and just plain loving one another to garner a positive outcome".



EATA Recap

EATA '49 Club Inductees

Congratulations to Larry Cooper, Neil Curtis, Julie Ramsey Emrhein, & Greg Janik!!!!



Scholarship Winners

Congratulations to the following students on their EATA Scholarships.

Wes Jordan / Henry Schein Scholarship - Kaitlin Fulton (Kings College)

Charles Thompson Scholarship - Jessica Schmidt (West Chester University)

Joseph Abraham Scholarship - Xiangru "Adam" Yuan (Kings College)

Rachel Oates Memorial Scholarship - Megan Helf (Moravian University)

District 2 Quiz Bowl Winners

Congratulations to Miranda Garris (Gannon University) & Xiangru "Adam" Yuan (Kings College) who will represent District 2 at the NATA Quiz Bowl!

COMMANDERS

Sarah Jefferson

West Chester University

Athletic Training Student Spotlight

Sarah Jefferson, a second year MSAT student at West Chester and president of the WCU AT Club, completed an immersive clinical experience with the Washington Commanders this past summer:

"This was a fully immersive experience, and I learned an overwhelming amount about the profession of athletic training, at the highest level of football. I had the privilege of working alongside certified athletic trainers, strength and conditioning specialists, nutritional staff, and team doctors.

I was able to observe evaluations and consultations, while also being able to assist in the treatment process. I worked individually with athletes on rehabilitation exercises and pre-practice activation workouts. The most rewarding part of this experience was the time spent directly with athletes and medical staff, getting to witness the patient centered care they provided. I not only gained hands on experience performing modalities and executing rehab plans, but also got to ask questions and network with individuals who are truly passionate about what they do. I was able to build my professional and clinical skillset in the competitive and gritty environment of professional football. I look forward to returning to this setting again and cannot wait to represent West Chester University in the future!"





2022 PATS Committee Day

November 20, 2022



Collaboration, Energy, & Advocacy

PATS Committee chairs day was hosted in November at Shippensburg University. Thank you to Miranda Fisher for her fantastic hosting of the exciting day! Nineteen Committee Chair representatives joined the executive board and we had a fantastic day that kicked off with team building using our "walk-out" songs. (To hear what songs motivate your leaders - check out the Spotify playlist [HERE!](#)).

Our lobbyists at Milliron Goodman came and presented more details and facilitated discussions regarding our most recent legislative efforts.

The board and committee chairs were also oriented with society processes and logistics for leading their committees.

Finally - there was phenomenal collaborative ideas for initiatives to support Societal advocacy within our 5 strategic plan themes.

Exciting things coming in 2023 and beyond!!!



PATS Committee News

College & University

Chair: Wendy Wheeler, DAT, LAT, ATC

CollegePATS@gmail.com

Short Terms Goals: Address Imminent Issues

Add members to the committee representing variety of college and University settings:

- NCAA Division 1
- NAIA
- 2 Year- Institution
- Various Conference Collaboration

Investigate Staffing Shortages

- Number of vacant or unfilled positions
- Potential Reasons why?
- Recruitment
- Shared Resources

Community and Youth Activities

Chair: TBA

CommunityandYouthPATS@gmail.com

No news submitted

Convention

Chair: Liz Evarts, LAT, ATC

ConventionPATS@gmail.com

PATS Symposium On-Demand is open, and it will remain open until Feb 1. Links have been sent to those that registered for the in-person symposium. ATs can only claim CEs for those videos that have completed assessments. Certificates will be sent out 30 days after closing of on-demand.

PATS Conventions 2023, The Modernization and Diversification of AT, will be held June 9th and 10th in Gettysburg, PA.

Continuing Education

Chair: Becky Mokris, D.Ed., LAT, ATC

ConEdPATS@gmail.com

No news submitted

Corporate Relations

Co-Chairs: Richard Bertie MS, LAT, ATC, PES

Sara Miraglia, MA Ed, LAT, ATC

corporaterelationsPATS@gmail.com

Seeking sponsorship for 2023 PATS Symposium and several other PATS related events.

Please forward any potential sponsorship leads to corporaterelationspats@gmail.com

Educators

Chair: Mary Murray

EducatorsPATS@gmail.com

PATS Student Symposium 2023

- Hosted by UPMC Sports Medicine
- March 3-4, 2023
- Pittsburgh, PA

**UPMC | SPORTS
MEDICINE**

PATS Committee News

Ethics

Chair: Jackie Williams, PhD, LAT, ATC
EthicsPATS@gmail.com

No news submitted

Free Communication

Chair: Aaron Hand, LAT, ATC
freecommunicationpats@gmail.com

No news submitted

Governmental Affairs

Chair: Tanya Miller, MS, LAT, ATC
governmentalaffairsPATS@gmail.com

Expect our bill to be re-introduced in the new session soon with Senator Baker as our primary sponsor.

Hall of Fame

Chair: Julie Ramsey Emrhein, M.Ed, LAT, ATC
emrhein@calu.edu

No news submitted



History & Archives

Co-Chairs: Richard M. Burkholder, LAT, ATC
Sandy Zettlemyer, LAT, ATC
historyandarchivespats@gmail.com

- Continue systematic review all PATS historic literature and communications to assign historically important achievements with associated dates
- Develop questionnaire for Past Presidents to highlight administration successes and challenges
- Continue to track down the digitized versions of archived materials

Honors & Awards

Chair: Kathleen Nachazel, LAT, ATC
HonorsandAwardsPATS@gmail.com

2023 student scholarship award nominations are due April 1

Inclusivity

Chair: Elaine Kimmel, LAT, ATC
inclusivitypats@gmail.com

We'd like to welcome Elaine Kimmel as the new Inclusivity Committee Chair! Elaine and the committee can be reached at inclusivitypats@gmail.com.

PATS Committee News

Nominations

Chair: Rachel Rlmel,
nominationspats@gmail.com

Nominations open for Secretary, Southcentral Representative, and Northeast Representative.

Membership Engagement & Value

Chair: Mary Kathryn Schickel, MS, LAT, ATC
MemberEngagementPATS@gmail.com

Do you know someone who is interested in PATS membership? Visit the PATS website to learn more about how you can give the gift of PATS membership. Any current PATS only members looking to renew their membership using our renewal form.

PA AT Political Action Committee

We support PA legislators that support ATs and all of our patients.



DONATE TO THE PATPAC!
PLEASE and THANK YOU!

Research and Grants

Chair: Alison Gardiner Shires, PhD, ATC
researchgrantpats@gmail.com

Applications for the PATS, Inc. Supported Research Grant are due by March 1st, 2023. The grant, in an amount of up to \$5,000 will be officially awarded in June at the PATS Annual Meeting. Completed applications must be received by March 1st. Applicants are encouraged to submit the completed application via email as an attached PDF file to Alison Gardiner-Shires at researchgrantPATS@gmail.com. Funding priority is given to basic, applied, and service related research that incorporates an interdisciplinary approach between the athletic trainer and other health care researchers. For additional information and application materials please visit <https://www.gopats.org/research-award>.

PAT-PAC

Chair: Dave Marchetti, MS, LAT, ATC, CSCS
pathletictrainerspac@gmail.com

The PATPAC held its "FALL WEEK OF GIVING" from October 23-30, 2022. Thank you to all who gave during this drive.

Donation can be made to the PAC at:

<https://www.patpac.org/store/p2/Donation.html>

PATS Committee News

Practice Advancement (COPA)

Chair: Joshua Cramer DAT, LAT, ATC, ROT, CSCS, CES, FNS, PN1, EMR, ITAT
COPAPATS@gmail.com

No news submitted

Public Relations

Chair: Emily Duckett, MS, LAT, ATC
PublicRelationsPATS@gmail.com

Complete a [Google Form](#) to if you would like assistance to create a graphic or deliverable for any PATS PR initiatives.

Secondary Schools

Chair: Kiernan Melograna LAT, ATC
secondarieschoolpats@gmail.com

We hope you were able to get so "you" time over the holidays. If you are doing anything fun or unique at the schools please let us know!



Technology

Chair: Jesse Townsend, MS, LAT, ATC
TechnologyPATS@gmail.com

The Technology Committee continues to support PATS committees with social media posts. Representatives from the committee attended PATS Committee Day to help support the mission and vision of the organization. A new social media request form is in the works and hopes to provide a more efficient experience. Look for your favorite PATS members in upcoming Podcasts as we will be publishing interviews that were done at the PATS Symposium.

Young Professionals

Co-Chairs: Morgan Dumont, MS, LAT, ATC & Rebecca Rohrer, MS, LAT, ATC
patsyoungpros@gmail.com

Goals looking into early 2023:

- Appoint more committee members
- Looking into creative ways to represent YP in NATM
- Looking to have outreach or presence at Student PATS to motivate upcoming newly certified Athletic Trainers
- Start to establish and execute our ideas for PATS Symposium in June

PATS Regional Representative News

Northeast

Rep: Matthew Shelton, MS, LAT, ATC
NErepPATS@gmail.com

Congratulations to our own NE colleague and all around great guy Greg Janik on being inducted into the Eastern Athletic Trainers' Association (EATA)'49 Club. Check out Greg and the other inductees here and find out what the '49 Club is all about. Just in case you were wondering there are 5 inductees and 4 of them are PA natives.

Please be on the lookout for a CEU Zoom opportunity in late January sponsored by PATS NE region and presented by Chris Rossi PhD, LAT, ATC. He will be presenting information based off his recent doctoral dissertation on Concussions and recovery protocols.

As this year drew to an end, I hoped everyone had a Merry Christmas, a Happy Hanukkah, a Happy Kwanzaa, or a Festivus. I hoped you all found some time during the Holiday break to spend with family and friends and reflect on the past year's highs and lows.

May your troubles be less,
And your blessings be more.
And nothing but happiness comes through
your door.

Northcentral

Rep: Michael Zalno, MS, LAT, ATC
NCrepPATS@gmail.com

No news submitted

Northwest

Rep: Hannah Reichert, MS, LAT, ATC, CES, PES
NWrepPATS@gmail.com

Josh Long resigned from the regional representative position and we recently welcomed back Hannah (Smelscer) Reichert!

Southcentral

Rep: Chris Seldomridge, LAT, ATC
SCrepPATS@gmail.com

No news submitted

Southwest

Rep: William Ankrom, MS, LAT, ATC
SWrepPATS@gmail.com

NO news submitted

PATS Regional Representative News

Southeast

Rep: Kyle Harris, MS, LAT, ATC
SRepPATS@gmail.com

Greetings from the southeast region. I trust that when you read this you have all had a safe, healthy, and happy holidays. Since the last edition of the UpdATe we have seen the end of fall sports and the ramp up of winter activities. It is always such a busy time of year for so many of our members! Thank you for all that you do. A few special highlights from the last few months include both celebrations and sad goodbyes. As many are aware, in December the athletic training profession lost a proud advocate in Dr. Joe Torg. Influential to so many, Dr. Torg was a fiend to all athletic trainers and thought leader in the sports medicine world. He will be missed by many. Again though, this time has also seen many celebrations. As many have seen on social media and shared pictures, December saw winter commencements as many athletic training students celebrated completing their programs of study. Congratulations to all who graduated. Also, congratulations for our PATS president-elect and SE member, Dr. Jamie Mansell on her recent appointment to Associate Dean of Undergraduates of Academics at Temple University.

Now, as the New Years approaches we look forward to 2023, we have much to look forward to. I am particularly excited to see so many friendly faces at this year's 2023 annual meeting and clinical symposium. There is also much work ahead as we continue to work towards modernizing our state practice act. While there is work to be done I am grateful to serve the southeast region during this exciting time. I look forward to working with our members more and to reporting on your accomplishments in our next issue of the UpdATe. If you have any news I can share, please reach out.

Treasurer's Report

	1/2/2023	1/1/2022	Difference
Checking (Main- Wells Fargo)	\$117,386.25	\$80,710.84	\$36,675.41
Scholarship- Wells Fargo	\$203,821.24	\$233,189.29	(\$29,368.05)
Research- Wells Fargo	\$107,180.20	\$114,108.36	(\$6,928.16)
PNC	\$500.94	\$500.94	\$0.00
Total	\$473,816.63	\$473,071.43	\$745.20

President's Message

I hope that everyone had a fantastic holiday season and new year. I like to reflect on the previous year and set goals for the upcoming year every New Year's Eve. PATS has accomplished some fantastic things and I am energized and excited looking at 2023 with tremendous possibilities for our Society and profession.

I am grateful for the time, energy, and commitment by all the PATS Committee chair representatives that joined us in Shippensburg in November. There are many exciting initiatives coming that align with our strategic plan themes. It was a FUN and enjoyable day that highlighted how amazing these leaders and PATS are.

I think that it is important for us to CELEBRATE and HIGHLIGHT these accomplishments – no matter how big or small. We should be celebrating and advocating for one another, and the UpdATe newsletter is one mode for us to be able to do that. SO I hope that you consider submitting exciting things about yourself or colleagues, to share with all members.



The 75th Diamond EATA Celebration in Boston featured some of Pennsylvania's best athletic trainers. As you see in the newsletter, PATS had 4 of our members inducted into the EATA '49 Club, 4 students win scholarships, and 2 students will represent District 2 at the NATA Quiz Bowl in Indianapolis this summer. In addition to the award winners, there were many Pennsylvania speakers who shared their expertise with attendees.

The start of the year means that big things are coming. We are gearing back up for legislative efforts, and it will take everyone's assistance. This may seem daunting, but sharing some of the good news and things that we do on a daily basis can underscore how critical our roles are to our patients.

Looking forward to PATS Student Symposium, National Athletic Training Month, March Madness, the continued success of winter seasons as well as the start of the Spring. (Which will hopefully bring warmer weather!)

Best of luck to you as you start 2023. Thank you for all that you do. Remember to reflect on your accomplishments, celebrate your victories, and to advocate and support one another.

Together we are great.

Please don't hesitate to reach out if you want to talk or if you need anything.

A handwritten signature in blue ink that reads "Nicky". The signature is written on a white rectangular piece of paper that is slightly tilted.