

May 2018

President's Message



George Roberts,
M Ed, LAT, ATC

I am so very lucky to be able to write a message to you; the members of PATS. We are blessed to work in a top ten profession according to the most recent work force survey. I feel doubly blessed because not only am I an Athletic Trainer, but I also get to serve the profession that at one time I only dreamed about. The past 9 months have been a learning experience to say the least.

This past March, PATS had another impactful Hike to Harrisburg. We continue have a great relationship with the legislature and our Governmental Affairs Committee lead by Tanya Miller are often sought out by General Assembly through the Winter Group to answer questions and provide input for new legislation.

If you have not already registered for the PATS Annual Meeting and Symposium on June 7-9 at the Holiday Inn Harrisburg/Hershey. Although rooms are tight registration is still open so please visit www.gopats.org and sign up. You should do this as soon as possible as time is running out. This meeting is one of the most affordable CEU events that you could have. The Hall of Fame and Awards banquet is going to be a celebration of our honorees and the profession of Athletic Training. I am currently working on a Red Carpet with photo ops for the evening.

Finally, your Executive Board work group should have emailed one of the most important surveys that we have developed since our licensure days. In conjunction with the Clarke Group we are asking for your input on the issue of third party reimbursement. Whether this is something that interests you or not, we need data from all Licensed Athletic Trainers across the Commonwealth. Please take a few minutes and return the completed survey as soon as possible.

May is the month where the horses run for the roses. So, keeping with a flower theme make sure you take time to smell the roses and we will see you in June in Hershey.

George

George Roberts, M Ed, LAT, ATC
PATS President

Please take a moment to click on the following link and complete the brief survey George mentioned regarding third party billing. Surveys may be completed anonymously (however, you must enter your name and contact information for prize incentive) and should take approximately 15-20 minutes to complete. Thank you in advance for your participation.

[Survey Link](#)

Contact Us

www.gopats.org

Our Mission

The mission of the Pennsylvania Athletic Trainers' Society is to:

- P** Promote the profession of athletic training through public awareness and education.
- A** Advocate the athletic trainer as recognized health care providers through continual legislative pursuits and stakeholder relationship.
- T** Transact business on behalf of the Society's membership in a prudent, effective, and collaborative manner.
- S** Serve the membership by providing educational, research, scholarship, leadership, and networking opportunities.

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- 2018 Hall of Fame Class
- Stay Legal When Working this Summer
- Meet Trisha Wright, MSN, FNP-BC, LAT, ATC

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STUDENT SPOTLIGHT:

Connor Logoyda

College/ University: King's College

Clinical Experiences: Northwest Area High School, King's College Women's Basketball, King's College Women's Tennis



Why did you want to pursue a career in athletic training?

I really enjoy the potential to work in a hands-on medical profession that really is the frontline of healthcare. The personal, everyday interaction with the patient population is what draws me. I also like the endless possibilities with the newer emerging settings that athletic trainers are entering.

Where do you hope to see athletic training in 10 years?

I would love to see athletic trainers at every college, and high school, in the country. Who knows, ten years from now I'll probably have kids of my own and I can't imagine letting my child participate in higher competition settings without an athletic trainer covering the event.

What are your career goals?

I, along with my last two preceptors, feel I would do really well in the high school setting. I feel my approachable nature and outgoing personality could really create a welcoming athletic training room for high school aged athletes struggling with injuries, on top of the normal social stressors of those formative years.



What do you hope to bring to the field of athletic training that may be unique or help improve the field?

This year, thanks to King's College Athletic Training Program Director Jeremy Simington for creating a policy, I have been able to volunteer to foster and train a service dog puppy named Adrian. It is a ten to eighteen-month commitment (unrelated to athletic training) where I am solely responsible for the care and progress of a service dog-to-be. My duties include teaching her general obedience commands like sit, stay, and come while also socializing her to all potential venues her eventual owner may bring her.

Adrian is a chocolate lab that I received in September 2017 when she was just four months old. My clinical rotation in

the fall was at a local high school where I had to present to the board of education, the specific goals and expectations for having a service dog in the athletic training facility and on-site at the school. From that meeting on she has joined me at my clinical rotations, most recently joining me courtside for every game during my spring rotation with the King's College women's basketball team. With her being so cute, it can be difficult at times to remind people that she cannot be pet, played with or talked to when she has her vest on. Service dogs should be seen as working individuals rather than pets. Don't worry though, at the end of the day the vest comes off and she gets all the love and play time normal dogs do.

Although there have been rough patches natural to a puppy, Adrian has flourished and had an impact on my athletes in the process. My athletes look forward to seeing her smiling face every day and although they are not allowed to interact with her directly when she's on duty, it is clear her presence has a profound impact on the moral of my athletes.

What are your interests outside of athletic training?

I love golf and was lucky enough to join the King's college golf team last year. I also enjoy snowboarding and volunteerism with the Special Olympics basketball team and Big Brothers Big Sisters.

The Pennsylvania Athletic Trainers' Society 2018 Athletic Training Student Symposium hosted by Temple University

Ashley Care, PATS Public Relations

The 2018 Pennsylvania Athletic Trainers' Society (PATS) Athletic Training Student Symposium hosted by Temple University began on the evening of March 23rd with welcoming remarks from Jennifer Ibrahim, the Associate Dean for Academic Affairs for the College of Public Health at Temple and from the Temple athletic training program faculty. Approximately 175 athletic training students from athletic training programs across the Commonwealth were then able to network with their peers, professors and other members of PATS during an Executive Board Leadership and Stop the Pain presentation. The evening of the first day was wrapped up with a quiz bowl, dinner and an escape room competition.

During the second day of the symposium, athletic training students attended multiple presentations ranging from topics in interviewing skills, concussion laws, foot analysis, hip pathologies, the throwing shoulder, sports dentistry, leadership skills, per diem information and skin infections. The presentations were a collaboration from the Athletic Training and Public Health Departments of Temple University and other professionals throughout Pennsylvania.

In addition to the clinical breakout sessions, attendees were able to learn from their peers through peer presentations. Laschonda Pituk (Temple), Caitlin Hargrave (King's College), Connor Logoyda (King's College) and Thomas Hoskins (King's College) were this year's student presenters.

NYC Athletic Training Month Trip Sean Adams, California University of PA Student



California University of Pennsylvania takes a New York City trip every March to represent our University during National Athletic Training Month. The Today Show as well as Good Morning America have segments on athletic training during March, in order to spread awareness of this ever growing field. As a junior in our athletic training program I have attended this trip twice and both times were a great success. Standing outside The Today Show with our school's banner and a variety of different handmade signs, we helped

spread awareness and appreciation of the profession. Along with getting our signs on TV we got to meet and network with different schools from all over the country. We had the chance to meet and talk with athletic training students from West Chester, Stony Brook University, NYU, and James Madison University. Talking to these students is a great opportunity to meet other aspiring athletic trainers and get your name out there for different opportunities in the future. I would encourage any athletic training program to make the trip to NYC during National Athletic Training Month because it is an excellent opportunity to spread awareness, and meet new people in the process.



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Update Your Information

If you are a PATS member and not receiving this newsletter electronically.....we need your help. We have taken great strides in the development of our Society's Electronic Newsletter. It saves money and time and provides valuable information. Please go to the NATA website "[Members Only](#)" section and update your email address. Please be assured your information will not be released. It will be used for PATS/ NATA membership communication only.

Treasurer's Report

Jamie Mansell, PATS Treasurer

	4/30/2018	4/30/2017	Difference
Checking (Main UBS)	\$0.00	\$17,769.12	(\$17,769.12)
Scholarship- UBS	\$0.00	\$0.00	\$0.00
Research- UBS	\$0.00	\$0.00	\$0.00
Checking (Main- Wells Fargo)	\$96,099.60	\$67,628.67	\$28,470.93
Scholarship- Wells Fargo	\$167,144.72	\$173,554.13	(\$6,409.41)
Research- Wells Fargo	\$93,634.19	\$92,908.91	\$5,017.68
Total	\$356,878.51	\$351,860.83	\$5,017.68

Election Winners Announced

PATS is happy to announce the following winners of the most recent election. Thank you to all that were nominated and ran and thank you for our membership for voting. These positions will take office during the PATS business meeting in June.

Southeast Representative Nicky Cattano

Nicky ran for her second term at PATS Southeast Representative. Her primary goal is and will be to serve as a resource and advocate for members within the southeastern region. During her last term, she held free regional continuing education events and created a good relationship with Go4Ellis, one of PATS partners. She wants to continue to offer events and have a minimum of one event held in each county by the end of her term. In speaking with members, she would also like to shift the offerings to provide more "hands-on" information.

Southwest Representative William "Bill" Ankrom

Over his working years, Bill has been involved professionally in different ways through PATS and NATA. He has served on the PATS COPA committee for 6 years and was the Greene County Delegate for 8 years. He was also previously appointed to Southwest Representative (now elected) and he found it personally satisfying and rewarding. His goals are to promote the mission and vision of our organization, communicate PATS related activities and initiatives to the members, engage and work with each of the County Delegates to address the local needs and to create educational opportunities for members within the region.

Treasurer Jason Edsall

Jason has had the privilege to serve in the role of treasurer for multiple organizations throughout his career and currently serves as the treasurer for the Allegheny Rugby Union. He plans to work diligently to enhance the connections and relationships between the PATS and District 2, as well as the national organizational level. Jason also plans to work with the other PATS officers and committees to enhance contacts and accessibility of the officers to its members and general public.

Full bios can be found [here](#).

PATS Celebrates National Athletic Training Month

The National Athletic Trainers' Association (NATA) recognizes March as National Athletic Training Month (NATM). The 2018 theme is "Compassionate Care for All". Athletic Trainers from across the Commonwealth of Pennsylvania participated in the Stop the Bleed campaign to help demonstrate Athletic Trainers' ability to provide care for all populations.

PATS public relations committee sponsored a student public relations contest and a social media challenge. Students from athletic training programs across the Commonwealth had the opportunity to promote the profession of athletic training and National Athletic Training Month based on the "Compassionate Care for All" theme. The contest was open to any accredited Pennsylvania Athletic Training Program. This contest challenged students to be creative with videos, presentations, public service announcements, posters, etc. The winners of the contest won a monetary prize and will be honored at the 2018 PATS Annual Symposium in Hershey, PA in June. Pictured below are various entries submitted via Facebook.

The social media challenge encouraged athletic trainers and athletic training students to submit their photo with the NATA athletic trainer manifesto. In addition to the photo, a caption with why they became an athletic trainer, what they love about being in the profession, and how they are celebrating NATM. At the conclusion of March, the submitted photo with the most "likes" and/or "re-tweets" won a PR related gift and "bragging rights" at the June business meeting in Grantville, PA. The winner was announced on the PATS Facebook and Twitter pages.



The Pennsylvania Athletic Trainers' Society (PATS) celebrates National Athletic Training Month with "Hike to Harrisburg"

Ashley Care, PATS Public Relations

The Pennsylvania Athletic Trainers' Society (PATS) works hard to promote the athletic training profession through both public and governmental relations efforts. As a result of these efforts, legislation has been passed on multiple occasions that have a great effect on the profession of athletic training. The single most significant bill to date has been the licensure bill for all athletic trainers practicing in the state of Pennsylvania. Licensure is often referred to as the right-to-practice. This ensures all athletic trainers practicing in the state of Pennsylvania have successfully met the state standards. Other pieces of legislation which have further advanced our efforts, are the Safety in Youth Sports Act and Sudden Cardiac Arrest Bill.



Pictured is PATS President George Roberts addressing the crowd

A large part of the legislative success for athletic trainers in Pennsylvania is due to the Pennsylvania Athletic Trainers' Society (PATS) annual "Hike 2 Harrisburg". Members of PATS, athletic training students, and other supporters collaborated on Wednesday March 28th to educate legislators and others who are in the Capitol Building to introduce them to PATS and the profession of athletic training.

The group of athletic trainers (ATs) from PATS, students and supporters celebrated the theme of National Athletic Training Month 2018: "Compassionate Care for All". The day began with a brief introduction and networking session at The Winter Group, PATS lobbyist group in Harrisburg. The group then met on the main stairs of the Capitol building for a press conference that was led by PATS President George Roberts. Roberts discussed the importance of having access to athletic trainers. He emphasized that athletic trainers have the knowledge and skills to provide care for a diverse population; not just in the traditional setting.

After the press conference, the group had meetings scheduled with various legislators and staffers. These meetings gave PATS members the opportunity to sit down one-on-one to discuss important topics about the PATS organization, about athletic trainers and about legislative bills that PATS supports; such as Brain Injury Awareness Month and AEDs in schools.

2018 PATS Annual Meeting and Clinical Symposium

Registration is still open for the PATS Annual Meeting which is being held at the Holiday Inn Harrisburg/ Hershey from June 7-9, 2018. Please be sure to check the [PATS Website](#) for all of the convention newsletters as well as more information about this year's meeting. Several announcements have been made.

Political Action Committee Fundraiser date and time have been set! Be sure to get your PAT-PAC pint glass. More information can be found [here](#).

Area Attractions:

- Hollywood Casino
- Penn National Racetrack
- Hersheypark
- Hershey's Chocolate World
- Hershey Outlets
- Zoo America
- Adventure Sports
- Antique Automobile Club of American Museum
- Troegs Brewing Company

Hotel rooms at the Holiday Inn Harrisburg/ Hershey are **SOLD OUT!** For alternate lodging please click [here](#).

2018 Hall of Fame Class Announced

Congratulations to the following individuals on being named to the 2018 PATS Hall of Fame. The Athletic Training Hall of Fame and Honors & Awards Banquet will be held on Friday June 8, 2018 beginning at 7:00pm. To be inducted into the Hall of Fame, nominees must be BOC-certified for at least 25 years, have practiced in the Commonwealth of Pennsylvania for at least 15 years, have been at PATS member for at least 15 years and have made significant contributions to the field of athletic training in the Commonwealth of Pennsylvania. Many of these nominees also had involvement at the local, district, county, state and national level in which their involvement significantly enhanced the field of athletic training in Pennsylvania.



EDWIN A. "SANDY" BUSH

Sandy is a Lock Haven University graduate and has been the Head Athletic Trainer and Program Director at Messiah College for more than 30 years. Sandy has served PATS as a Regional Representative, Board Member, Committee member and Chair. He served a full term on the Athletic Training Advisory Committee to the State Board of Physical Therapy and is currently a member of the History and Archives Committee.

TERESA ZEPKA, PA-C, AT-RET

Teresa is currently a Physician Assistant with the Conemaugh Physician Group in Johnstown, PA. Before becoming a PA, she worked as an Athletic Trainer at Millersville University, California University, and UPMC in Pittsburgh. One of Teresa's greatest Athletic Training achievements pertains to her work with the PATS Public Relations Committee. Under her leadership as PR chair, Teresa earned many National honors from the NATA for her work. She has also served PATS on the Governmental Affairs Committee and on the Athletic Training Advisory Committee to the State Board of Physical Therapy.



LINDA FABRIZIO MAZZOLI, MS, LAT, PTA, PES

Linda is the Program Director of the Rothman Institute and Jefferson Concussion Program. She is also the Executive Director of the Pennsylvania Athletic Trainers Society. Linda has served PATS in various roles. She has served on several committees and as a Regional Representative on the Executive Board. Linda is nationally recognized by the National Athletic Trainers Association and has worked on several task forces and national committees.

Stay Legal When Working Summer Camps

As we approach the summer months, it is important that we keep our liability in mind when agreeing to work summer sports camps. PATS has assembled a series of frequently asked questions and has answered them to the best of their ability. It is important to understand and note that when working as an independent athletic trainer contractor in the summer, you must still adhere to all laws, rules and regulations and practice acts that are set by the NATA, the BOC and the Commonwealth of Pennsylvania. This includes and is not limited to having a written protocol that is signed by a licensed physician. Any individual that is providing athletic training services within the Commonwealth and does NOT have a license to practice, must be reported to the State Board of Medicine immediately.

If you plan to work summer camps, please take a moment to read the Question and Answer Disclaimer that can be found [here](#). This document was reviewed and approved by the PATS legal team. If you still have questions, you may reach out to the PATS Executive Board at president@gopats.org.

Stop by our Booth at
PATS & NATA!

Click here for a **FREE** Sample Kit!
Promo Code: PATS

Stopain
CLINICAL

The advertisement features a collection of Stopain Clinical products, including packets and boxes, displayed in a red tray. The background is a gradient of orange and red with a geometric pattern.

Athletic Trainer in the Non-Traditional Setting

The Practice Advancement (COPA) committee of PATS has creatively been looking to spotlight athletic trainers working in non traditional settings. Committee member Jim Stricek had the pleasure to interview Trisha Wright, a former traditional athletic trainer who now works in a non-traditional setting as the Quality Improvement/ Infection Disease Coordinator through the Department of Justice, Federal Bureau of Prison. Please meet Trisha Wright MSN, FNP-BC, LAT, ATC and thank you to Jim Stricek for conducting the interview.



What is your current role? Commissioned Officer for the United States Public Health Service as a Lieutenant Commander, detailed at the Department of Justice, Federal Bureau of Prisons - FCI McKean, Bradford, PA as a CRNP (Nurse Practitioner) and the Quality Improvement/Infectious Disease Coordinator. While I am not officially employed as an athletic trainer, my experience and expertise in orthopedics is frequently utilized with the many sports injuries that the inmate population sustains. Sports, working out, and intramural-type athletics is often an outlet for inmates as it helps them pass their time of incarceration.

What other jobs have you had prior to current role? Athletic Trainer at Kane School District; ER Nurse at Kane Community Hospital, Substitute School Nurse Kane/Johnsonburg School Districts

Describe the route you took to get this current role. 1998 Slippery Rock Univ: B.S. Health Science w/ Specialization in Athletic Training; 2007 University of Pitt - Bradford A.S.N (Nursing); 2008 Slippery Rock Univ: B.S.N (Nursing); 2015 Clarion/Edinboro Univ's: M.S.N. - Family Nurse Practitioner; 2018 Clarion/Edinboro Univ's D.N.P (Doctor of Nursing Practice - expected May 2018 graduate)

What has prepared you for current role? All of my previous positions have prepared me for my current role in Corrections. My base knowledge in Athletic Training has better prepared me because there are numerous sports-related injuries in the prison setting. Inmates are limited in the programs they have while incarcerated, and many of them take advantage of using the gym and recreation areas to get into shape, stay in shape, or just blow off steam. That is where we get most of our injuries from and often I am consulted when sports-related injuries present.

Why did you decide to take current role? After 12 years as an athletic trainer in the Kane Area School District, my children were getting to the age where they were starting to play sports. I wanted to be able to go to all of their home and away events. I knew if I didn't change career paths, I wouldn't get to go to away games. So, I went back to school for nursing. I thought I was going to be a school nurse, but this position was presented to me by the parent of one of my student-athletes who happened to be the Health Services Administrator. He had been watching me and knew I was capable of working for him in the prison setting. I applied, and the rest is history!

How do you promote the skill set/credentials of the ATC in your current role? As I already explained earlier, we get a lot of sports-related injuries in the prison setting, so my ATC skills are put to good use.

What advice (education/volunteer/self-promotion opportunities) can you provide to someone looking to get into your current role? If someone wants to become a correctional health care provider, go to school and get your degree. See if there are any correctional facilities that you can complete some clinical or at least observation hours at to make sure it is a place you can work at. And talk to people that work in those facilities to get an idea of how that specific facility runs.

What are challenges you have in your current role? Lack of understanding of ATC, limiting of skill set, etc. The biggest challenges I have in working in a correctional setting is that health care comes second. In the Federal Bureau of Prisons, EVERYONE is trained as a correctional officer, including all health services staff. Everyone has to attend the GLYNCO Law Enforcement Training in Georgia for 3 weeks to learn to become a correctional officer. The safety and security of the institution is of the highest priority along with keeping the public safe from incarcerated individuals. If everything is running smoothly, then you can do your everyday job as a health care provider.

Where did you see yourself working while going through your AT program as a student? I always wanted to be the first Athletic Trainer in NASCAR, but instead, I ended up providing first hand care to Ebola patients in Africa during the 2014 Ebola Outbreak. Not a bad tradeoff, and I wouldn't change it for anything!



REGIONAL RECAPS

Southwest Region

William K. Ankrom, MS, LAT, ATC

Greetings from the Southwest Region!

Thank you for the support in the election for the Southwest Representative. I am looking forward to continuing to serve the local membership on the PATS Executive Board over the next term. I would also like to thank the Southwest PATS County Delegates for their ongoing work in the region: Beth Costea (Somerset), Mark Pohlot (Fayette), Rachael Moon (Washington and Greene), Dr. Keith Gorse (Allegheny) and Jennifer Smith & Gina Linn (Westmoreland).

The recent weeks in the region have been very busy with many recognitions involving AT's in the news, individual awards both locally and nationally and CEU events. Though many good things have happened, the weather has been very difficult in our region creating some stressful working conditions for many athletic trainers. This spring season may go down as one of the most challenging with many baseball and softball games getting postponed and cancelled at the high school and collegiate levels.



University of Pittsburgh students at H2H

Congratulations to the recent AT graduates from both undergraduate and graduate programs through Duquesne University, California University, Waynesburg University and the University of Pittsburgh. We encourage you to get involved with PATS if staying in the great state of Pennsylvania.



On April 11th, UPMC and the Pittsburgh Steelers hosted over 200 local athletic trainers and coaches for a morning education session titled [Prevention and Management of Injuries in High School and Youth Sports](#). US Olympic Athlete, Amanda Kessel was the guest keynote speaker and shared her very personal journey in battling the challenges of managing a concussion(s) on her way to win a team gold medal with the US Women's Hockey team in the 2018 Winter Olympics. Congratulations to all involved, it was a great program. PATS was privileged to have a table display at the event in meeting and greeting the guests. Thank you Mark Pohlot, Shelly DiCesaro, and David Tumbas for the assistance in making this happen.

The NFL and the Pittsburgh Steelers are in year two of supporting a declining grant to provide a certified athletic trainer to a school district in the Pittsburgh region. We appreciate the work and support of Mr. Mike Marchinsky, Youth and High School Football Marketing Manager of the Pittsburgh Steelers for securing the resources through the NFL to provide a qualified health care provider to the student athletes of this school district.

CONGRATULATIONS to our Southwest Athletic Trainer Awards:

Mr. Kent Biggerstaff, NATA Hall of Fame Inductee-Class of 2018

Dr. Keith Gorse, 2018 NATA Service Award

Mr. Larry "Coop" Cooper, [Korey Stringer Institute Lifesaving Service Award](#)



Thank you for your time!

Northeast Region

Rennie Sacco

Hello to all in the Northeast region! Winter finally ended and warmer weather is coming.

An Athletic Trainer Sparks an Idea for Compassionate Care for a Community

Audrey Dickman, Athletic Trainer at Exeter Junior/Senior High School in Berks County and President of the Berks County Scholastic Athletic Trainers' Association (BCSATA), used her role on her school's Safety Committee 3 years ago to attend the Governor's Occupational Safety and Health Conference. At the conference, the keynote speaker from the Department of Homeland Security discussed *Stop the Bleed* and the launch of the nationwide campaign. Dickman, very intrigued by the role that an Athletic Trainer can play in such situations, contacted local EMS providers to talk about the need for Athletic Trainers in the area to become trained in hemorrhage control and mass casualty preparedness. This conversation culminated in a 2015 Dynamic Threat class.

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In order to make the Dynamic Threat class available and free to any Scholastic Athletic Trainer in Berks County, the association had to raise \$1,000 for the instructor to teach the class. Audrey naturally first reached out to one of the Exeter school board members, Mike Jupina, who is also the Vice President for Marketing and Communication at Penn State Health St. Joseph. Dickman explained, "Athletic Trainers need to be prepared for even more craziness than we are already trained for, as it seemed statistically inevitable that one of us would experience a tragic event eventually and we should expect and prepare for it." This is

when Audrey mentioned *Stop the Bleed* to Jupina.

After the success of the Dynamic Threat class, Dickman and Jupina continued their conversation about *Stop the Bleed*. It was the hope that the BCSATA could bring *Stop the Bleed* to the county and train everyone, but there was a lack of resources. After much research, Jupina developed the concept to distribute wall-mounted boxes with supplies to every high school in Berks County and to enable the Athletic Trainers of the BCSATA to be the "point people" within each district to coordinate, facilitate, and organize the training of faculty and community. In addition, Jupina committed the hospital to provide the boxes to every school building in Berks County and to train the first 50 faculty members in each building as the boxes are installed.



A group of Athletic Trainers from the BCSATA recently underwent instructor training for *Stop the Bleed* on March 20th. The majority of this group is now ready to instruct the remaining members who need to become instructors. This unique community partnership is the first of its nature in the Commonwealth of Pennsylvania. It demonstrates the commitment of this group of Athletic Trainer to provide compassionate care for all. Dickman states, "I also thought it was great for a hospital executive to show this level of commitment to public safety, along with his level of understanding who we (athletic trainers) are and what we are capable of doing within our districts to impact the safety of our campus, community and county!"

BCSATA Raises Scholarship Money

The Berks County Scholastic Athletic Trainers' Association hosted their annual Sprains & Strains 5k Run/Walk and Hangnail 1 Mile Fun Run on Sunday, March 18, 2018. The race was held at Penn State University Berks Campus. This event raises money for the BCSATA scholarship fund, awarded to qualifying Berks County high school seniors who will attend a college or university to major in Athletic Training.

This year, the event changed in both location and date. The race was moved to March to celebrate National Athletic Training Month. The venue was moved to Penn State Berks in order to ensure participants would have paved, clear paths in case of a pesky mid-March snowstorm that will sometimes occur in Pennsylvania. The weather fortunately cooperated for a successful race and the BCSATA hopes to attract even more participants in future events.



Kyler Moyer, Exeter HS AT, rewards a young runner

In closing, as always, if you have any future news, please feel free to contact me or reach out at any time with any questions or concerns you may have. I can be reached at northeast.gopats@gmail.com or 610-698-6237. I hope to see many of you at the June PATS Annual Meeting & Symposium in Grantville, PA.

SouthCentral Region

Marc Schaffer

Greetings SouthCentral Region! It looks like this weather is finally changing from cold to warm. I know this spring has been tough with the cold weather and precipitation and trying to manage the daily multiple events just about every day. The annual symposium is approaching and will take place here in our region on June 7-9 at the Holiday Inn located in Grantville. I hope to see many of you there!

Congratulations and best wishes go out to Sandy Bush, who will be retiring from Messiah at the end of this school year. Sandy has served on many committees and the Executive Board of PATS and his many contributions to the Society are greatly appreciated. More congratulations also goes out to Sandy for his upcoming induction into the Pennsylvania Athletic Training Hall of Fame at the June symposium.

Also in our region, Messiah junior Michelle Weddle won this year's DeLoss Brubaker student writing contest sponsored by the NATA Research and Education Foundation (Literature review category) with her paper: "Weight Cycling and Disordered Eating Among High School Collegiate Wrestlers". Congratulations, Michelle!

Looking ahead, Penn State Hershey Bone & Joint and CPRS Physical Therapy are again hosting the Central PA Sports Medicine Symposium, taking place on August 1st at the Hershey Lodge. This event has been a combination of EBP & Category A CEUs and I'm sure their will be more great topics and speakers this year!

I want to wish everyone a safe and happy summer! I hope you all can find some time to relax and enjoy the sun!

Northwest Region

Becky Mokris, D.Ed., LAT, CES, ROT

I am writing to you for an update with warm weather on the horizon and the sun shining! Hallelujah it is FINALLY SPRING in the Northwest! This quarter we had a busy time promoting #NATAM2018! Here are some highlights from around the region:

March 2018, Northwest Region Meeting

On March 27, 2018, Slipper Rock University Athletic Training hosted the Northwest regional meeting/continuing education event. The title of the event was “The Transgender Athlete: Information for Athletic Trainers”. The purpose of the event was to inform athletic trainers about transgender athletes and the challenges they may face as athletes. It is important for athletic trainers to realize the importance of gender identification for all athletes regardless of biological sex.



Participants were able to gain knowledge on how to be an advocate for transgender athletes, recognize and improve management of mental health concerns, and how to foster an inclusive environment within the athletic training facility for all patients regardless of sex. THANK YOU to all who attended asked some great questions! A special THANK YOU to SRU for their hospitality and technology support!

Gannon University MAT program celebrates NATA Month!

The Gannon MAT program had a busy month promoting #NATAM2018! The MAT students submitted videos for the #NATA Ice Bath Challenge, the PATS Social Media contest and volunteered for the Bowling Special Olympics Sectionals. Nice work everyone!



And last but not least, Congratulations to EDINBORO UNIVERSITY and the athletic training staff for their Second Place finish in the PATS #NATAM2018 Social Media Challenge!



North Central Region

Bill Frye, LAT, ATC, ITAT

Hello North Central region and in celebration of March being National Athletic Training Month, I would like to thank you all for what you do for your athletes and your community. You have a major presence in your universities and districts. More than you know and even though we don't get recognized for their achievements as often as we should, know that you are appreciated by many who you don't even know. Keep up the good work by making athletic trainers the best profession in the model of patient centered healthcare.

The past few months have been a whirlwind in our region between the 60+ mph winds, snowfalls, rain storms and brief heat waves our region experienced through the past few weeks. But through it all, we were still able to get things done. Here are a few events that occurred during March and April.

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On March 29th our Regional meeting was held at UPMC/Susquehanna. A big thank you goes out to Mike Ludwikowski for all of his work in setting up the space for the meeting. It was very much appreciated. This year's meeting included 1 presentation with 4 CEU's. The lone presentation was on "ATC Role in Mass Casualty Events" by athletic trainers Steve Waleff and Dan Braatz. The role of the presentation was to help Athletic Trainer's understand that we may be



the only person present to save lives in these situations and what we can do to help. Steve and Dan were able to provide the most up to date medical procedures to help someone who has been injured in a shooting/bombing.

Topics that we covered were how to pack a Mass Casualty bag, how to evaluate and quickly identify injuries, Triage scenario's, Chest seal application for a Tension Pneumothorax, bleeding control with Israeli battle Dressings (actually from Israel) and Cat Tourniquets. The meeting was presented to 34 athletic trainers and 14 students from Lock Haven University. Shout out to Katie Bottorf, Keri Moriarty, and Meredith Boucher for all of your help with the behind the scenes work that made the event possible. The event is a success every year because of all the work you put in every year. I appreciate every one of you!

Lock Haven University's Athletic Training Program, in combination with its PA and nursing programs, recently conducted an interprofessional education event. A patient scenario was created involving evaluation and emergency management of a football injury. The encounter ranged from "on field" management by athletic training students, transport to an simulated emergency department, and in-hospital care by PA and Nursing students. Initially, an actor played the role of the injured athlete, who was then replaced by a high fidelity simulator which allowed faculty to control heart rate, blood pressure, and respiratory rate. The scenario was followed by a debriefing and review of best practices. The entire event created dialogue between the programs involved and encouraged understanding of each profession's role in related situations. Due to the overwhelming success of the event, plans are in place to repeat the exercise in the future.



On Sunday April 15th, Lock Haven University hosted a Tecnica Gavilan course, presented by PATS HOF member Gary Hanna and PATS EB member Rebecca Mokris. Thirteen athletic trainers attended the course, including graduate students from Lock Haven University and California University of PA. PATS NC Region Members from UPMC Susquehanna were also in attendance. Attendee Josh Moules commented, "It was definitely an extension of my existing knowledge and practice but much easier in practical application. It's definitely something I plan to incorporate into my daily practice." The 6 hour course covered the benefits and effects of IATM on soft tissue changes while improving multi-plane motions, stability, and muscular strength. Below are some pictures from the course.



Finally, I really hope to see everyone in Hershey for the 2018 PATS Conference in June. The PATS Convention is being held at the Holiday Inn Harrisburg/Hershey in Grantville, PA June 7-9th. Hope you have a great end to your spring season and a warm start to your summer as well. We ALL deserve that. Thanks again for allowing me to help represent the great north central region of Pennsylvania.

Southeast Region

Nicky Cattano

Greetings from the Southeast! Hopefully the spring season has been treating everyone well.

We had an absolutely amazing time at the PATS Student Symposium hosted at Temple University this March. The faculty at Temple hosted an outstanding line up for speakers and topics. Special thank you to Jamie Mansell and Anne Russ, as well as Michael Sitler, Kyle Harris, Jackie Phillips, Steve Thomas, and the entire Department and College of Public Health for hosting such an incredible event for our Athletic Training students across the state.

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A special congratulations is due to Joseph “Joe B” Borysowski, longtime athletic trainer at The Hill School who is retiring as an athletic trainer. Joe B has been an athletic trainer for 52 years; starting out at St. Pius X High School from 1965 – 1977 and then the last 40 years at The Hill School is Pottstown, PA. He got into to profession in 1965 thanks to St. Pius X High School Head Football Coach and Athletic Director, Jim Mich. Joe B was the football team manager and Jim had given him the Cramer student trainer manual. From there, Joe B studied it and became passionate about the field. Joe B says that the biggest change in the profession has been the way we have improved treatments for our athletes and the modalities we have in order to do that. His favorite part of being an athletic trainer is having students who have gone on to become athletic trainers and even orthopedic doctors because of his guidance. His advice for current and future athletic trainers is to always keep studying and to not be afraid of the time commitment that it takes. Thank you Joe B for your incredible service and dedication to the profession!



Temple University had a fantastic athletic training representation among all Kinesiology Department Awards. Yvette Ingram won the alumni achievement award, Jeff Driban won the young alumni achievement award, Destinee Grove won the Carole Oglesby award, LaSchonda Pituk won the AT student scholarship, and Ryan Thomson won the outstanding senior award. Congrats to all of the #TempleMade Award Winners!

District 2 awards went to West Chester University students Morgan Dumont (2018 Bobby Gunn Student Leadership) & Kelly St. John (2018 Tanya Dargusch) Award Winners. Other West Chester University students who received awards were: Karly Vahey & Alyssa Smith (Pat Croce), Zachery Rudy (Brad Taylor), Maddy Shaw (Doug Weiss), Kelly St. John (Phil Donley), Haley Anderson & Leah Dell (Post-Professional Graduates) awards.

The world champion Philadelphia Eagles have once again teamed up with Rothman at Jefferson and hosted their 13th Annual Sports Medicine Symposium on May 11th at Lincoln Financial Field.

Villanova partnered with Main Line Health to present “Rehabilitation Strategies for Returning the Concussed Athlete to Play” on Monday May 21st from 5pm-8pm on Villanova’s campus. This educational seminar will provide 3.0 CEU credits to athletic trainers.

The annual Philadelphia Sports Medicine Congress will be held Friday, June 15th. Kenneth Rogers, PhD, ATC will be recognized and receive the Ted Quedenfeld Award and Dr. Peter Deluca, MD will receive the Joe Torg Award. For details and information on the event, please visit: <http://www.phillysmc.org/>

PATS will be in Grantville in beginning of June, and then NATA in New Orleans - I hope to see many of you there! If anyone has any ideas or needs – please reach out to me and let me know. Have a great spring!

COMMITTEE REPORTS

Young Professionals Committee

The PATS YPC had a busy NATM. The committee was present for the PATS Student Symposium as well as Hike to Harrisburg. While at the Student Symposium, the YPC was able to network with AT students from around the Commonwealth to discuss several things such as current rotation and previous experience, how they chose the profession of athletic training, and future endeavors, amongst others.

Several students expressed interest in the PATS YPC Mentorship Program. Those students who are still interested in the mentorship program can email youngpros@gopats.org or formally apply at the following link: <https://docs.google.com/forms/d/1fgmxMXyaa4hPheQljhBvtFmwYwqGVnXVSDm1jMIHpXY/edit>

A few days later, the PATS YPC attended the annual PATS “Hike to Harrisburg.” The YPC was able to meet with several staff members of representatives to discuss several important current and past initiatives of PATS. These initiatives include but are not limited to Stop the Bleed campaign, safety in youth sport, and concussion education to the athletic population. This was also a great opportunity for several Athletic Training Students to diversify their roles as students and engage in the political side of the profession. The PATS YPC would like to thank the Athletic Training Students from King’s College, Alvernia University, Messiah College, and the University of Pittsburgh for your engagement in “Hike to Harrisburg.”

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The PATS YPC will be having its 2nd Annual “Young Professionals Committee Social” at the 2018 PATS Symposium. The social is designed for young professionals and experienced professionals to network and communicate within an informal environment. The time and site for the social is still to be determined.

The PATS YPC would like to formally congratulate Stephenie Stark on her addition to the YPC. Stephenie currently works with the St. Lukes University Health Network in the Lehigh Valley as the Lead Athletic Trainer. She has extensive experience with the Tennessee Athletic Trainers Society Young Professionals Committee in which she helped plan and implement yearly marketing strategies at the TATS annual meeting.

Public Relations

The Public Relations committee continues to be very busy. We worked in conjunction with the Technology committee to promote our social media challenge during National Athletic Training Month. We also sponsored our PR Student Contest again; first place prize awarded to Neumann University and second place prize was awarded to King's College. We also had a very successful Hike to Harrisburg again this year for National Athletic Training Month. Our current projects include promoting the upcoming Symposium and assisting with the new website.

Technology

The Technology Committee worked in conjunction with the Public Relations Committee during National Athletic Training Month to promote the profession using our social media platforms. There was great engagement from our membership on our Facebook and Twitter accounts. Our current projects include updating the Social Media Policy and redesigning the website.

Ethics Committee

The PATS Ethics Committee is currently reviewing documents associated with the PATS Code of Ethics, filing an ethics complaints, and creating an ethics education presentation to be shared in the future at various PATS events. Visit the PATS ‘About’ Website (or click [here](#)) to read about the PATS Code of Ethics or to file an ethics complaint.

CALENDAR OF EVENTS

EVENT	DATE	LOCATION	REGISTRATION
PATS Annual Meeting and Clinical Symposium	June 7-9, 2018	Holiday Inn Harrisburg/Hershey in Grantville PA	Information can be found here
Philadelphia Sports Medicine Congress	June 15, 2018	Thomas Jefferson University Dorrance H. Hamilton Building	Information can be found here
NATA Annual Meeting	June 26-29, 2018	New Orleans, LA	Information can be found here
Central PA Sports Medicine Symposium	August 1, 2018	Hershey Lodge	Please contact SC Representative Marc Shaffer