



# The UpdATe

2022 Issue No. 1 | February

## President's Message

Hello PATS members from snowy Pittsburgh, finally some snow!!! The holidays have come and gone since the last time I wrote you and I hope all had time to celebrate the season with family and friends in your own special way. We celebrate Christmas in my house and we celebrate HARD, usually starting the day after Thanksgiving right on through the 12 days until the Befana (Italian tradition) arrives on the Epiphany. During that time I usually try and step away from as much work as possible, making some holiday memories and recharging for the new year. Those that know me probably know I am NOT a fan of New Years Eve, but New Years Day...that is my JAM! There is something about a new year, a fresh start, a new clear calendar to fill with plans and adventures to look forward to. The new year also brings us the first conference of the year and this year was no different....and by no different I mean EATA in PERSON! 😊 What an amazing weekend at the EATA meeting a few weeks ago at the Foxwoods Casino Resort in Mashantucket, Connecticut. It was wonderful to be back at an "in-person" conference among friends and colleagues.

The conference kicked off with the student quiz bowl where Pennsylvania SWEPT District 2 and will be sending the "PA Dream Team" to Philadelphia to compete in the NATA quiz bowl this June! Friends, our PA students are simply amazing!!! Congratulations goes out to our 1st place winner - *Megan McQueen* of Duquesne University, followed by our 2nd Place winner - *Xiangru "Adam" Yuan* of Kings College and rounding out our dream team is in 3rd Place - *Miranda Zito* from the University of Pittsburgh.



I (we!) couldn't be prouder of all of the Pennsylvania AT students competing that night and look forward to cheering you on in Philadelphia! Another highlight of the weekend was the annual awards banquet, and it was an honor to watch the future of athletic training receive their scholarship awards. All, my understanding is that there are 7 EATA scholarships that district 2 students are eligible for....and PA claimed six of those! **SIX!!!** Scholarships were awarded to the following Pennsylvania Athletic Training Program students.  
*Emily Strama* (University of Pittsburgh) - Joseph Abraham Scholarship  
*Taylor Davis* (Slippery Rock University) - Rachel Oates Memorial Scholarship  
*Alexa Beaumont* (Moravian College) - Wes Jordan / Henry Schein Scholarship  
*Alexandra Reppert* (Moravian College) - Paul Grace Scholarship  
*Erin Gilligan* (West Chester University) - Paula Turocy Scholarship  
*Abigail Verbeke* (West Chester University) - Charles Thompson Scholarship



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**Our Mission:**

*Empower Athletic Trainers to be leaders in transforming healthcare by advocating, educating, and providing resources to deliver quality patient-centered care.*

**PRESIDENT**

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**Visit us at:**  
**[www.gopats.org](http://www.gopats.org)**

**Presidents Message Continued**

The Pennsylvania accolades did not stop there however! Congratulations go out to A.J. Duffy of Widener University on his prestigious class of 2022 induction into the '49 Club and Dr. Jeanne Doperak of UPMC and the University of Pittsburgh Sports Medicine for receiving the esteemed Moyer Award for team physicians. Congratulations to all the EATA award recipients, it was a heavy "PA night" for awards, another testament to the amazing members and students in Pennsylvania. As I wrap up this Presidential piece I look forward to the next (and my last) six months in the Presidents seat and all that we have planned. Like EATA, we are planning an in person student symposium in March and member meeting and convention in June. More information on both of these meetings can be found on the website. Legislation continues to progress forward and it is clear that athletic trainers are swiftly becoming a positive presence, well known for our skills to our elected officials. Let's keep that positive momentum going and mark your calendar for our annual Hike to Harrisburg slated for Tuesday, March 29th.

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## President's Message, Continued

More information as well as the slogan from the NATA for national Athletic Training Month will be coming soon. In closing, I continue to be in awe of the amazing things our members and students are doing daily, in spite of an ongoing pandemic, additional duties at work and home, and an overall feeling of uncertainty. You all are an inspiration...however it can also sometimes make us feel as though we need to do more, push a little more, achieve more. This is simply untrue, and I hope reading all of the great things our members are doing only brings you pride in your profession and colleagues. I know it is cliché, but with an obvious “pandemic imbalance” to your work and personal lives you MUST be sure to be taking time for yourself to rest and recharge in whatever means fit you best. Think of what brings you peace, joy, or a sense of calm and schedule it in just like any other meeting. This new year is a fresh start and perfect opportunity to make time for yourself, just like the holidays in my house... go as HARD on your recharge as you do everything else and make YOU a priority in this new year.

*Shelly*



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# News & Noteworthy

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## COPA Committee Member Runs as a St. Jude Hero

I supported this wonderful event in 2016 as I ran the Nashville Half Marathon as a St Jude Hero, a fundraising team. It was life changing!! I have decided to get back out there again and "Run for a Reason!" My goal is to raise \$5000 for St. Jude Children's Research Hospital. My Journey will end on April 23, 2022 as I run the Rock 'n' Roll Nashville Half Marathon with my partner in crime and fundraising teammate.

I welcome any and all support! My teammate and I have created a Facebook group, " St. Jude Heroes Running for a Reason". Join our group, join in on a run or cross training workout (if you're in the Stroudsburg PA area), donate on my fundraising page, attend one of the upcoming fundraising events, etc.

My fundraising page can be found by clicking on the link posted here, but don't stop there!! Spread the word, share the , and come on out and join the fun.

Kelly Unruh MEd, LAT, ATC, CEAS II, AOEAS:

Our current activities and events, include:

1. Paint 'N Sip on Jan 26th, 2022 @ Renegade Winery
2. A 50-50 Raffle Drawing on Feb 28th, 2022
3. Paint 'N Sip on Mar 15th, 2022 @ Renegade Winery
4. Fundraising Page taking donations
5. CIP Solutions Matching Donation Hour (TBD)

Kelly Ann's Fundraising Page

[http://heroes.stjude.org/Kelly\\_Unruh](http://heroes.stjude.org/Kelly_Unruh)



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# PATS Committee News

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## Community and Youth Activities

Chair: Heather Kinney, MS, ATC  
[CommunityandYouthPATS@gmail.com](mailto:CommunityandYouthPATS@gmail.com)

No news submitted

## Continuing Education

Chair: Becky Mokris, D.Ed., LAT, ATC  
[ConEdPATS@gmail.com](mailto:ConEdPATS@gmail.com)

No news submitted

## Corporate Relations

Co-Chairs: Richard Bertie MS, LAT, ATC, PES  
Sara Miraglia, MA Ed, LAT, ATC  
[corporaterelationsPATS@gmail.com](mailto:corporaterelationsPATS@gmail.com)

No news submitted

## Convention

Chair: Liz Evarts, LAT, ATC  
[ConventionPATS@gmail.com](mailto:ConventionPATS@gmail.com)

Convention will be here before you know it!  
Mark your calanders:

2022 Annual Meeting and Clinical Symposium  
June 10-11, 2022  
Sheraton Harrisburg / Hershey

We hope to see you there!

## College & University

Chair: M. Scott Zema, M.Ed, LAT, ATC  
[CollegePATS@gmail.com](mailto:CollegePATS@gmail.com)

No news submitted

## Educators

Chair: Mary Murray  
[EducatorsPATS@gmail.com](mailto:EducatorsPATS@gmail.com)

We are excited to announce the inaugural PATS Outstanding Educator and Outstanding Preceptor Awards! The purpose of these awards is to recognize a member of PATS for a consistent record of outstanding contributions to athletic training education, academic excellence, consistent record of clinical preceptorship, and dedication to student learning. Any PATS member can nominate a candidate for these awards. Nominations are due March 1. Outstanding Educator Award nomination and Outstanding Preceptor Award nomination forms can also be found on the PATS website.

**Students:** PATS Student Symposium will be held March 4 and 5, 2022 and hosted by the University of Pittsburgh. Registration is \$20 (\$30 after Feb 25 and on-site). Registration found on the PATS website.

**All Educators:** Call for Proposals! The Educators Committee is seeking proposals for the 2023 PATS Student Symposium. Details of the proposal can be found here and on the PATS webpage. Submit completed proposals by February 1 to [educatorspats@gmail.com](mailto:educatorspats@gmail.com)

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# PATS Committee News

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## Educators continued...

**Preceptors:** The NATA offers a Master Preceptor Program for members through the Professional Development Center (PDC). The courses are EBP CEU earning and created to assist preceptors, or practicing clinicians interested in serving as preceptors, in effectively facilitating high-quality clinical learning experiences for students. Find the PDC in your NATA member dashboard.

*"I completed both the Level One and Level Two Master Preceptor courses over the span of a 1-year period. These courses were self-paced and had an appropriate progression from introducing basic ideas and concepts about functioning as a Preceptor to more advanced topics such as clinical reasoning and ethical and cultural competency. Even though I have been practicing as a Preceptor for over 15 years, the information remained applicable to applying current concepts to effectively create a clinical experience where I can bring out the best in my athletic training students."*  
- PATS member Melissa Ciocco, MA, LAT, ATC, King College

**Clinical Immersions:** We asked for submissions from PATS athletic training students about their unique clinical immersion experiences: *"During my time in the MSAT program, I have been open to trying different athletic training work settings to find the best fit for me. I applied for the Amazon opportunity as it was different from any other clinical experience I will have in the program, and it would get me out of my comfort zone. I was then accepted into the Injury Prevention Specialist (IPS) Fellowship Program through Amazon where I would learn the day-to-day life of an industrial Athletic Trainer at Amazon.*

*I relocated down to North Carolina at Amazon Fulfillment Center RDU1 in Garner working alongside multiple athletic trainers in the IPS position. What made this experience even more unique was I got to experience two different sides of the IPS position. I got to see what an IPS does as well as a glimpse into what a Regional IPS does and how their roles differ in preventing Associate injuries.*

*During this experience I was able to participate in the day-to-day operations of an IPS, such as body mechanics assessments, searching through data to examine the number of injuries that occur in the different warehouse departments, walk the floors of the fulfillment center to interact with Associates, attending meetings, and completing projects that are given annually to help ensure Associate safety and job efficiency. I found it interesting how athletic trainers must navigate and work around OSHA regulations in this work setting. Athletic trainers in the IPS role have a special job in preventing acute and overuse injuries based on body mechanics and positioning. I never realized how complex and important knowing how body mechanics and body positioning play into Associate injuries. I acquired a wealth of knowledge during my experience on ergonomics, EXCEL, and data mining to help develop injury prevention and wellness protection strategies. I also acquired new skills such as using REBA and RULA (ergonomic assessment tools), created a project for Amazon where I conducted research on an intervention for preventing workplace injuries, and learned all the positions within the warehouse. All these new skills I can still take with me throughout my athletic training career in various settings to help prevent injury and identify risks for injury." -Taylor Moskal, 2nd year MSAT student, Moravian University*

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# PATS Committee News

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## Ethics

Chair  
Jackie Williams, PhD, LAT, ATC  
[EthicsPATS@gmail.com](mailto:EthicsPATS@gmail.com)

Do you know how to file an ethics complaint? Visit the PATS 'About Us' website to read about the process for filing a complaint against a Commonwealth athletic trainer ethics. You can also find the PATS Code of Ethics and the NATA Code of Ethics.

<https://www.gopats.org/about>

## Free Communication

Chair: Aaron Hand, LAT, ATC  
[freecommunicationpats@gmail.com](mailto:freecommunicationpats@gmail.com)

No news submitted

## Hall of Fame

Chair: Julie Ramsey Emrhein, M.Ed, LAT, ATC  
[emrhein@calu.edu](mailto:emrhein@calu.edu)

No news submitted



## Governmental Affairs

Chair: Tanya Miller, MS, LAT, ATC  
[governmentalaffairsPATS@gmail.com](mailto:governmentalaffairsPATS@gmail.com)

No news submitted

## History & Archives

Co-Chairs: Richard M. Burkholder, LAT, ATC  
Sandy Zettlemoyer, LAT, ATC  
[historyandarchivespats@gmail.com](mailto:historyandarchivespats@gmail.com)

Membership numbers from 1995

MEMBERSHIP COMMITTEE REPORT - MAY 1995  
PENNSYLVANIA ATHLETIC TRAINERS SOCIETY  
15TH ANNUAL CLINICAL SYMPOSIUM

	Western	Central	Eastern	OS	Total
<b>CATEGORY</b>					
Certified	168	145	246	28	587
Student	25	21	19	8	73
Advisory	2	2	3	0	7
Associate	3	3	3	0	9
Affiliate	0	0	1	0	1
Retired	3	5	2	0	10
Honorary	0	3	0	0	3
<b>TOTAL</b>	<b>201</b>	<b>179</b>	<b>274</b>	<b>36</b>	<b>690</b>

100 New members due to membership drive  
Member increase of 125 over 1994  
Western membership makes up 29.1% of the total membership.  
Central membership makes up 26.0% of the total membership.  
Eastern membership makes up 39.7% of the total membership.  
Out of state membership makes up 5.2% of the total membership.

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# PATS Committee News

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## Honors & Awards

Chair: Kathleen Nachazel, LAT, ATC  
[HonorsandAwardsPATS@gmail.com](mailto:HonorsandAwardsPATS@gmail.com)

The PATS Honors and Awards Committee members met in early January to review nominations for Service, Distinguished Merit, and Team Physician Awards. Recommendations were then presented to the Executive Board. Next the committee will create a banquet booklet and order plaques.

And a quick reminder that Student Scholarship award nominations are due *April 1st!* And no that is not an April Fools joke :)

## Inclusivity

Chair: Mercedes Himmons, PhD, LAT, ATC  
[inclusivitypats@gmail.com](mailto:inclusivitypats@gmail.com)

January is Poverty Awareness Month. Poverty has been increasingly growing in America. Healthcare, education, and housing are the top categories related to poverty. If you are able, please consider donating funds, food, or your time to your local community to help. Community Action Association of Pennsylvania (CAAP) is an organization that advocates for low-income individuals and their families to reach and maintain self-sufficiency. For more information and to find an agency local to you, visit the CAAP at [www.thecaap.org](http://www.thecaap.org).

## Membership Engagement & Value

Chair: Mary Kathryn Schickel, MS, LAT, ATC  
[MemberEngagementPATS@gmail.com](mailto:MemberEngagementPATS@gmail.com)

Welcome to our newest PATS Members: Margaret Hunt and Jailene Olds!

Did you know you can gift a PATS membership? If you know someone who may be interested in becoming a PATS member or want to give a membership and “pay it forward” visit the “Gift A Membership” on the PATS website.



# PATS Committee News

## Nominations

Chair: Matt Frantz MEd, LAT, ATC  
*nominationspats@gmail.com*

No news submitted

## Practice Advancement (COPA)

Chair: Stephanie Walsh, MS, LAT, ATC, CEAS I  
*COPAPATS@gmail.com*

The COPA committee is looking forward to hosting webinars within 2022 to advocate, educate, and collaborate with others within the Emerging Settings! Stephanie Walsh hosted the 12 Days of Ergonomics within her industrial setting to bring both Ergonomics and the Holiday Season together. Each day was celebrated with a unique theme surrounding safety and ergonomics. Activities included demonstrating proper lifting techniques, knowing and identifying neutral posture, practicing department specific stretches, and maintaining power zones. Team members enjoyed fun and laughter while practicing key injury prevention measures at JBS Souderton.

**December 2021**  **The 12 Days of Ergonomics** 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
			Hydration Guess how many ounces are in the water bottle. PRIZE for the closest number!	Give Thanks Write what you are thankful for on a light bulb and hang it up!	HAVE FUN! Photo booth with prizes. Drink and Snack & saved!	
5	6	7	8	9	10	11
			Stretching Demonstrate your stretch program and get a PRIZE!	Power Zone Pick a safety vest on the power zone!	Spread Cheer Give holiday treats!	
12	13	14	15	16	17	18
	Neutral Posture Look for postures being around with good and bad posture during holiday activities!	Proper Lifting Technique Practice the proper lifting technique and win a PRIZE!				
19	20	21	22	23	24	25
	Take Time for YOU Supervisors get a prize for asking EEs what they love to do!	Nutrition Fill a MyPlate container responses get a COUPON for the store!	Sleep Pulse and Recharge during the Holiday! Lessons on proper sleep schedule!	PAY IT FORWARD Pass an act of kindness to others. Sign the sheet for your act of kindness to pay forward!		
26	27	28	29	30	31	1

Activities will occur in the Cafeteria during Lunch time!

## PAT-PAC

Chair: Dave Marchetti, MS, LAT, ATC, CSCS  
*paathletictrainerspac@gmail.com*

The PA Athletic Trainers' Political Action Committee would like to acknowledge and thank all of our donors. The PAC relies on donations from PATS members and allows us to advocate for our profession to impact legislators and legislation in the commonwealth. THANK YOU !

If you would like to donate to the PAC, please visit <https://www.patpac.org/stor/p2/Donation.html>

The following list are the recipients of support from the PAT PAC (2021):

- Friends of Dave Hickernell
- Friends of Lisa Boscola
- Tomlinson for State Senate
- Baker for Senate Committee
- Committee to Elect Mario Scavello
- Friends of Peter Schweyer
- Aument for Senate

## 2020

### One Time Donors

- Amy Aggelou
- Jesse Townsend
- Linda Mazzoli

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# PATS Committee News

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## PAT-PAC Continued

### 2020

#### Recurring Monthly Donors

Aaron Hand  
Greg Janik  
Shelly DiCesaro  
George Roberts  
Donald Russell  
Linda Meyer  
AJ Duffy  
Francis Feld  
Dave Marchetti  
Hannah Jasienski

### 2021

#### One Time Donors

Nicole Cattano

#### Recurring Monthly Donors

Aaron Hand  
Greg Janik  
Shelly DiCesaro  
George Roberts  
Donald Russell  
Linda Meyer  
AJ Duffy  
Francis Feld  
Dave Marchetti  
Hannah Jasienski

#### 2021 Cup Fundraiser Participants

Jesse Townsend  
Linda Mazzoli  
Hannah Jasienski  
JenniferRobertson

## PAT-PAC Continued

Neil Curtis  
Kelly Johnson  
Nicole Cattano  
Aimee Keough  
Tanya Miller  
Christopher O'Brien  
Greg Janik  
Lisa Brose  
William Ankrom  
Timothy Kulpa  
David Marchetti  
Jacqueline Williams  
Rebecca Fitz  
Shelly DiCesaro  
Aaron Hand  
Martha Anderson  
Amy Aggelou  
Brian Bonnar  
John Smith  
Rebecca Mokris  
Jennifer Brown  
Richard Bertie  
Miranda Fisher  
Melissa Ciocco  
Isabella DiVirgilio  
Joe Giunta  
Matthew Shelton  
Tanner Dean  
AJ Duffy  
Brian Cammarota  
Kyle Harris  
Krysta Sensbach-Gassert  
Katherine Bartosik  
William Frye  
Joseph Iezzi  
Kathy Wright  
Casey Martin  
Kyle Moyer

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# PATS Committee News

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## PAT-PAC Continued

Luke Hensel  
John Hauth  
John Moyer  
Kelly St. John  
George Roberts  
Donald Russell  
Jessica Kastin  
Mark Cherwony  
Kiernan Melograna  
Matthew Shade  
Robert Burton  
Kimberly Harsch  
Lindsey Keenan  
Linda Mazzoli  
Carl Andrews  
Bob Stelma  
Tony Mozeleski  
Francis Feld  
Rick Burkholder

## 2021 Week of Giving

Matt Shelton  
Tim Kulpa  
Jesse Townsend  
John Hauth  
Miranda Fisher  
John Smith  
Tanya Miller  
Hannah Smelscer  
Mary Kathryn Schickle  
Bill Frye  
Greg Janik  
Lindsay Porembo  
Jason Vian  
Aaron Hand  
David Marchetti  
Amy Brzoska  
Paula Turocy

## PAT-PAC Continued

Jason Erlandson  
Kathleen Nachazel  
Joseph Iezzi  
Shelly DiCesaro  
Nicole Cattano

Thank you to everyone who donated!

### PA AT Political Action Committee

We support PA legislators that support ATs and all of our patients.



**DONATE TO THE PATPAC!  
PLEASE and THANK YOU!**



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# PATS Committee News

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## Public Relations

Co-Chairs: Branden Green, MS, LAT, ATC  
Emily Duckett, MS, LAT, ATC  
[PublicRelationsPATS@gmail.com](mailto:PublicRelationsPATS@gmail.com)



**What has PATS PR been up to?**

Our primary initiative has been branding!

In collaboration with members and committees we are striving to create a professorial recognizable image for PATS

**Want to collaborate?**

If you would like to share something with our community we can help you brand it!

Use this QR code to complete a PR intake form. Then we will help you turn your submission into a PATS branded graphic!



## Newsletter

Chair: Jessica Kastin MS LAT ATC  
[quarterlynewsPATS@gmail.com](mailto:quarterlynewsPATS@gmail.com)

Please feel free to submit any news, facts, or funny things you have at the PATS website.

## Research

Chair: Alison Gardiner Shires, PhD, ATC  
[researchgrantpats@gmail.com](mailto:researchgrantpats@gmail.com)

The PATS Research Committee is now accepting applications for the PATS, Inc. Supported Research Grant. PATS members who are in good standing with the BOC and hold a license to practice athletic training in Pennsylvania are encouraged to apply for this award. The purpose of this program is to facilitate the advancement of the athletic training profession. Initiated in 1993, The PATS Supported Research Program, offers a unique opportunity for members of the Society. The grant, in an amount of up to \$5,000 will be officially awarded in May/June at the PATS Annual Meeting. Completed applications must be received by March 1, of each year. Please visit <https://www.gopats.org/research-award> for submission details and more information



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# PATS Committee News

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## Secondary Schools

Chair: Kiernan Melograna LAT, ATC  
[secondaryschoolpats@gmail.com](mailto:secondaryschoolpats@gmail.com)

The main goal of the Secondary School Committee this past 3 months was to contact those roughly 400 schools that needed to complete ATLAS for the first time or update their information. We broke the list down and reached out to those schools giving them the information and link to KSI to update ATLAS. If they responded that they did not have an AT we sent them the NATA SSATC Documents: AT Value, Appropriate Medical Care Standards, Position Proposal Guide and the Secondary School Value Model. Our hope is that we increased the PA participation in the ATLAS survey.



## Technology

Chair: Jesse Townsend, MS, LAT, ATC  
[TechnologyPATS@gmail.com](mailto:TechnologyPATS@gmail.com)

Thanks go out to Philip Hensler and Adam Richmond for their work on the PATS Podcast as well as our recent sponsors, Sway Medical and Rothman Orthopaedics. Episodes can be accessed on Podbean or [www.youtube.com/user/gopatsAT](http://www.youtube.com/user/gopatsAT). Recent episodes included IT Band Syndrome with Dr. Paul Geisler, Blood Flow Restriction Training with Dr. Daniel Lorenz, and Heat Illness with Dr. Rebecca Stearns. Philip plans to step down from co-hosting the podcasts and focus on the behind the scenes work. Because of this, the committee is searching for a new PATS member to co-host with Adam. If you have interest, please email Jesse Townsend at [technologyPATS@gmail.com](mailto:technologyPATS@gmail.com). Committee Spotlights have been completed and archived versions can be found at <https://www.gopats.org/infographics>. The committee has been posting Advocacy Tuesdays every Tuesday. Thanks to all PATS members who have provided their thoughts on what advocacy is. If anyone has any social media content they wish to have submitted, please use the PATS Social Media Content Submission Form ([google.com](http://google.com)). A big thanks to Devin Kielur for monitoring this form and posting all of the requested content. Future plans for the committee include engaging athletic training students, educational program spotlights, and transitioning to the new podcast co-host.

## Young Professionals

Chair: Joanna Entz, MS, LAT, ATC  
[patsyoungpros@gmail.com](mailto:patsyoungpros@gmail.com)

No news submitted

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# PATS Regional Representative News

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## Northeast

Rep: Matthew Shelton, MS, LAT, ATC  
*NErepPATS@gmail.com*

I wish to thank David Maxted for his years of service as the PATS Lehigh County Delegate. He is stepping down to focus his energies on his job which is taking him in a new direction. David was very helpful in helping me search for his replacement and recommending a suitable candidate. I would like to WELCOME Jamie Scalise on filling that void and becoming the new Lehigh County Delegate for PATS Northeast region. Jamie is a well respected and experienced AT working at Muhlenberg College and living in Lehigh county. I have no doubt that Jamie will be a valuable asset to PATS in the future. I hope everyone had a joyous Holiday season as well as some rest and relaxation that comes with that time of year. Big things are on the horizon for PATS, stay tuned to everything PATS by reading the monthly Presidential Blasts, keeping up with our social media accounts, checking your inbox for emails from your county delegate and of course perusing the UpdATe newsletter you are currently reading. Please don't hesitate to reach out if you have any questions or concerns at [nereppats@gmail.com](mailto:nereppats@gmail.com). Take care and stay well. I am not a coffee drinker, but if I was, this is the mug I would drink from.



## Southeast

Rep: Kyle Harris, MS, LAT, ATC  
*SErepPATS@gmail.com*

Congratulations to SE member AJ Duffy on being inducted in to the EATA 49 Club!

## Northcentral

Rep: William J. Frye, LAT, ATC  
*NCrepPATS@gmail.com*

Hello Everyone,  
Hope everyone had an enjoyable holiday season. With 2021 being another year we would like to forget; it is now time to focus on 2022. Let hope this year can be a much better year. We ALL deserve it. Once again, I would like to thank all the many athletic trainers in our area for the work they have done through this pandemic. For most if not all, the past 2 years have been something we have never experienced before between COVID, close contacts, quarantines, vaccines, masks, variants, school closings, and much more. We have continued to persevere through the pandemic as best as we could, and I am thankful that we hopefully can see the end in sight. I would like to thank Jill Ambrose, Lindsay Howard, and Derek Wilkins for their hard work helping kids and families in need by donating their time at Child Hunger Outreach Partners in December to fill bags of food for the Tunkhannock region. Jill, Lindsay, and Derek are Athletic Trainers who work for Pivot Health Solutions. In the course of 2.5 hours, they were able to fill 684 bags of food that will be part of back pack programs and in school pantries. Below are some pictures.

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# PATS Regional Representative News

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## Northcentral Continued...

After reaching out to everyone the main thing I heard back was job openings. There are many openings in our area to choose from. Below I listed those options for you and if you know of anyone looking, please refer them to the contacts below.

Job Openings in our Area:

-UPMC Williamsport has 3 immediate Full time Job openings each in a different environment. Canton Area High School, Penn College of Technology and a full time Floater position. All come with great competitive salaries, Career ladder/ financial growth opportunities, complete health benefit packages and matching retirement plans via a 401 K. UPMC pays for your NATA/BOC Membership and other professional extras that can exceed \$1,000.00 that other outreach programs don't offer.

Reach out to Mike Ludwikowski for details at [ludwikowskime@upmc.edu](mailto:ludwikowskime@upmc.edu)

-Mansfield University in Mansfield, PA also has an athletic training position open.

Reach out to Brian Oakes for details at [boakes@mansfield.edu](mailto:boakes@mansfield.edu)

-Geisinger Health Systems have several Full time open positions available.

Reach out to Roxanne Larsen for detail at [rllarsen@geisinger.edu](mailto:rllarsen@geisinger.edu) or go to [www.jobs.geisinger.org](http://www.jobs.geisinger.org) to apply.



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# PATS Regional Representative News

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## Southcentral

Rep: Chris Seldomridge, LAT, ATC  
*SCrepPATS@gmail.com*

I hope all had an enjoyable and safe holiday season and are ready for a new year. As we face new challenges individually and as a group, PATS is here to serve. If anyone is interested in being more involved please reach out to me or check the PATS website for the chairperson of the committee your interested. If you have an idea please share and see how this will work. If you have questions regarding anything the state affairs and athletic training I will do my best to answer or find the answer for you. If you just want to talk non athletic training I am also available. Have a great year.

## Northwest

Rep: Hannah Smelcser MS, LAT, ATC  
*NWrepPATS@gmail.com*

Have a happy and healthy 2022!

Back in October, ATs in the Northwest and Southwest region provided athletic training services for the Mighty Penguins Sled Hockey Festival. The weekend tournament featured 10 teams including 3 teams from the Pittsburgh area.

IUP hosted their annual Sports Medicine Update virtually on November 28th. Over 130 individuals were registered for the event. Thanks to all the amazing presenters and Jim Racchini for providing an awesome, educational event!

## Southwest

Rep: William Ankrom, MS, LAT, ATC  
*SWrepPATS@gmail.com*

No news submitted

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# Treasurer's Report

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	1/7/2022	1/1/2021	Difference
Checking (Main- Wells Fargo)	\$80,423.92	\$80,020.16	\$403.76
Scholarship- Wells Fargo	\$230,206.05	\$204,024.50	\$26,181.55
Research- Wells Fargo	\$112,876.63	\$105,117.04	\$7,759.59
PNC	\$12,953.03	\$0.00	\$12,953.03
<b>Total</b>	<b>\$436,459.63</b>	<b>\$389,161.70</b>	<b>\$47,297.93</b>