



# The UpdATe

2022 Issue No. 4 | October 2022

## President's Message

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.” - Melody Beattie

I hope that everyone is doing well and enjoying the start of the fall season. This time of year always has me feeling reflective and especially grateful for so much. The current executive board has been working extremely hard, in addition to the demands of our “real jobs,” and I am fortunate to work with such amazing people. We met in July where we had a team building session and worked on our strategic plan to outline initiatives. We got to know each other as a board and were able to learn many valuable lessons.

The most important lesson that we learned: in challenging or difficult situations, sometimes the right answer is to ask for help. The board revisited and fine-tuned the PATS Mission and Vision statements to accurately reflect where we currently are and hope to head. These two statements serve as our compass to help drive the Society forward with some of the exciting initiatives for our strategic plan for the next four years.

I am grateful for our hardworking committee chairs and members. Committee Chairs Day will be held this November at Shippensburg University where the executive board and committee chairs will be continuing to plan and begin to execute some exciting new initiatives with our strategic plan. PATS will also be celebrating our first ever Week of Service in November. Please take part in this fantastic initiative coordinate by Shelly DiCesaro, Emily Duckett, Lucas Bianco, Bill Frye, Joe Vogler, Kevin Conley, Matt Shelton, Christina Coxe, Kelly Pagnotta, Mary Kate Schickel, & Amy Aggelou. Our primary focus the past few months has been our legislative efforts to advocate for our profession in Harrisburg with Senate Bills 1160 and 1161 to modernize the athletic training practice acts.



You can read more details about where we currently stand in the legislative update section of this newsletter. A very special THANK YOU to Shelly DiCesaro (Past-President) and Tanya Miller (Governmental Affairs Committee Chair) who have been leading our tireless legislative efforts. I also want to acknowledge and thank the rest of the legislative workgroup members: Jamie Mansell, Linda Mazzoli, Joe Iezzi, and Yvette Ingram who have been dedicating many hours and efforts to help our initiative. The social media, public relations, newsletter, and technology committees have been a critical component to getting our message out. Many PATS members and supporters have been contributing as well, and TOGETHER we are making a difference!

I hope that you have an amazing Fall and that you take time to connect with those that you are grateful to have in your life.

*Nicky*

Also a quick congratulations to SE Representative, Kyle Harris MS, LAT, ATC, on successfully defending his dissertation this month! Earning a doctorate while working in a full time faculty role and serving as the SE Regional Rep is truly exceptional! Congratulations Dr. Kyle Harris!!!



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## Our Mission:

*Empower Athletic Trainers to be leaders in transforming healthcare by advocating, educating and providing resources to deliver quality patient-centered healthcare.*

### **PRESIDENT**

Nicole Cattano, PhD, LAT, ATC  
[PresidentPATS01@gmail.com](mailto:PresidentPATS01@gmail.com)

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## Visit us at:

**[www.gopats.org](http://www.gopats.org)**

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## PATS Inaugural Week of Service

PATS is excited to hold the inaugural "PATS Week of Service" this November 7th through the 13th where athletic trainers across the Commonwealth will come together as a community to pay it forward through acts of service and gratitude. This is an amazing opportunity to volunteer to a program, person, need, etc. that you are passionate about (outside of athletic training!) Watch your email and social media for more information on how you can participate and submit service opportunities or click below. We have some fun things planned for you that week and cant wait to see where the #ATYourService hashtag takes you! Lets show the Commonwealth and beyond just how incredible and compassionate ATs are!

To submit service opportunities:

<https://forms.gle/sEXVP9CsrhobRi839>

To participate:

<https://forms.gle/vwNBLszyemTtdNh9>



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# News & Noteworthy

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## Update on Legislative Efforts (Senate Bills 1160 & 1161)

First, a huge THANK YOU to all of you who have participated in VoterVoice, written letters, or even visited your local senators. The Senators are noticing, and we have garnered a few additional co-sponsors of the bills. So thank you so much, you are making a difference! Let's keep up the great work!

The amendments on our Senate Bills 1160 & 1161 were voted affirmatively by the Senate appropriations committee on September 21st. This means that we are one step closer to be taken under consideration by the full Senate at an upcoming session day in October.

The current bill language can be found at: SB 1160 [HERE](#).

We have been meeting with many invested legislators and groups to appropriately re-define our patient population and to more clearly define what invasive procedures are to modernize our practice acts to be current with best practices, our educational standards, and training.

Highlights of proposed bills:

Redefine "Physically active person" to an individual who engages in an activity associated with exercise, sports, recreation or vocation that requires a level of strength, endurance, flexibility, range of motion, speed or agility.

Additional language to be added to describe an "Injury" as a musculoskeletal or orthopedic injury or other medical condition suffered by a physically active person where prevention, maintenance and treatment is provided within the acceptable standard of care and education for an athletic trainer.

Redefining "Invasive Procedures" as

(iii) Invasive procedures, except an athletic trainer licensed to practice may, with the direction of a licensed physician, perform the following invasive procedures pursuant to a written protocol:

(A) Rectal thermometry.

(B) Intramuscular or subcutaneous medication administration injections.

(C) Airway adjuncts in conformity with basic life support protocols and instruments.

(D) Capillary finger sticks for the purpose of testing blood glucose levels.

(E) Nasal plugs.

(F) Blister and nail care.

(G) Administration of naloxone.

(H) Removal of superficial foreign bodies.

(I) Any other procedures authorized by the board.



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# PATS Committee News

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## Community and Youth Activities

Chair: TBA  
[CommunityandYouthPATS@gmail.com](mailto:CommunityandYouthPATS@gmail.com)

No news submitted

## Continuing Education

Chair: Becky Mokris, D.Ed., LAT, ATC  
[ConEdPATS@gmail.com](mailto:ConEdPATS@gmail.com)

No news submitted

## Corporate Relations

Co-Chairs: Richard Bertie MS, LAT, ATC, PES  
Sara Miraglia, MA Ed, LAT, ATC  
[corporaterelationsPATS@gmail.com](mailto:corporaterelationsPATS@gmail.com)

No news submitted

## College & University

Chair: Wendy Wheeler, DAT, LAT, ATC  
[CollegePATS@gmail.com](mailto:CollegePATS@gmail.com)

No news submitted



## Convention

Chair: Liz Evarts, LAT, ATC  
[ConventionPATS@gmail.com](mailto:ConventionPATS@gmail.com)

PATS Symposium On-Demand is open, and it will remain open until Feb 1. Links have been sent to those that registered for the in-person symposium. ATs can only claim CEs for those videos that have completed assessments. Certificates will be sent out 30 days after closing of on-demand.

## Educators

Chair: Mary Murray  
[EducatorsPATS@gmail.com](mailto:EducatorsPATS@gmail.com)

**Students:** SAVE THE DATE! The PATS Student Symposium will be held March 3 and 4, 2023 and sponsored by UPMC Sports Medicine.

**All Educators:** The Virtual Athletic Trainers Educators Conference (VATEC) will be held on November 4. The theme of this 1-day event is "Diversity, Equity and Inclusion: Promoting Resilience and Collaboration in Athletic Training Education, Research and Practice". On-demand sessions will be available Nov.5 – Dec. 5. <https://www.nata.org/career-education/education/events/atec>

**Clinical Immersions:** We would like to highlight any clinical immersions that students have experienced or that your site offers. Please share any unique clinical immersion settings with us at [educatorspats@gmail.com](mailto:educatorspats@gmail.com)

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# PATS Committee News

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## Ethics

Chair: Jackie Williams, PhD, LAT, ATC  
*EthicsPATS@gmail.com*

No news submitted

## Free Communication

Chair: Aaron Hand, LAT, ATC  
*freecommunicationpats@gmail.com*

No news submitted

## Governmental Affairs

Chair: Tanya Miller, MS, LAT, ATC  
*governmentalaffairsPATS@gmail.com*

Greetings! There has been a lot happening over the last few months in our state capitol! SB 1160 and SB 1161, which are the bills that PATS has introduced to modernize our practice acts, have had a whirlwind of success so far and we are hoping to hit a homerun before the end of the session. The bills have had two successful votes in the Senate, and we are pushing for a final vote in October to move them to the House. The final push will happen in the House to hopefully get them to the Governor for a signature. Thank you for everyone that contributed to our successful Voter Voice letter campaign! We will be asking for more letters to be sent in the next few weeks, so please be on the lookout for the Presidential Updates and Voter Voice links! Please contact me with any questions: *governmentalaffarisPATS@gmail.com*

## Hall of Fame

Chair: Julie Ramsey Emrhein, M.Ed, LAT, ATC  
*emrhein@calu.edu*

Nominations for the Pennsylvania Athletic Training Hall of Fame are due by December 1, 2022. Nomination procedures and criteria are listed on the HOF page on the PATS website. Please go to the HOF page on the PATS website and click on nominate if you know of a person worthy and deserving of this honor. If you have any questions, please reach out to Julie Ramsey Emrhein at *jemrhein@wellspan.org*.

## History & Archives

Co-Chairs: Richard M. Burkholder, LAT, ATC  
Sandy Zettlemyer, LAT, ATC  
*historyandarchivespats@gmail.com*

No news submitted

## Honors & Awards

Chair: Kathleen Nachazel, LAT, ATC  
*HonorsandAwardsPATS@gmail.com*

A reminder of the following award nomination deadlines.

- Service Award - due Dec. 1
- Team Physician Award - due Dec. 1
- Distinguished Merit Award- due Dec. 1
- Outstanding Educator Award - due Dec. 1
- Outstanding Preceptor Award - due Dec. 1
- Lifesaver Award - ongoing nomination

More information can be found at:

<https://www.gopats.org/awards>

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# PATS Committee News

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## Inclusivity

Chair: Mercedes Himmons, PhD, LAT, ATC  
[inclusivitypats@gmail.com](mailto:inclusivitypats@gmail.com)

July & August were summer livin', but September 15th started National Hispanic Heritage Month! NHHM is celebrated September 15th-October 15th. This year's theme is "Unidos: Inclusivity for a Stronger Nation." This theme resonates because we should stand united and embrace inclusivity for a stronger nation. We are much stronger together than divided.

For more information & resources, visit <https://nationalcouncilhepm.org/resources>.



## Nominations

Chair: Matt Frantz MEd, LAT, ATC  
[nominationspats@gmail.com](mailto:nominationspats@gmail.com)

No news submitted

## Membership Engagement & Value

Chair: Mary Kathryn Schickel, MS, LAT, ATC  
[MemberEngagementPATS@gmail.com](mailto:MemberEngagementPATS@gmail.com)

Welcome to our newest PATS Member Alex Kiviniemi!

Any PATS only members looking to renew their membership using our renewal form [here](#). Do you know someone who is interested in PATS membership? [Click here](#) to learn more about how you can give the gift of PATS membership.

## Research

Chair: Alison Gardiner Shires, PhD, ATC  
[researchgrantpats@gmail.com](mailto:researchgrantpats@gmail.com)

The PATS Research Committee is now accepting applications for the PATS, Inc. Supported Research Grant. PATS members who are in good standing with the BOC and hold a license to practice athletic training in Pennsylvania are encouraged to apply for this award. The purpose of this program is to facilitate the advancement of the athletic training profession. Initiated in 1993, The PATS Supported Research Program, offers a unique opportunity for members of the Society. The grant, in an amount of up to \$5,000 will be officially awarded in May/June at the PATS Annual Meeting. Completed applications must be received by March 1, of each year. Please visit <https://www.gopats.org/research-award> for submission details and more information. .



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# PATS Committee News

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## PAT-PAC

Chair: Dave Marchetti, MS, LAT, ATC, CSCS  
[paathletictrainerspac@gmail.com](mailto:paathletictrainerspac@gmail.com)

The PATPAC has announced it's *Tiers of Giving*  
From July 1st to June 30th all of a donor's  
contributions to the PAC are added up and that  
determines your level of giving.

Tiers of Giving  
Accumulated donations from July 1st - June 30th  
Yearly

Supporter \$1-\$50  
Advocate \$51-\$199  
Partner \$200-\$499  
Champion \$500+

PENNSYLVANIA ATHLETIC TRAINERS' POLITICAL  
ACTION COMMITTEE will hold it's "FALL WEEK  
OF GIVING" from October 23-30, 2022. During  
this week, all PATS members will receive a few  
text messages requesting their participation.  
Your donations are extremely important in  
helping to support legislators and legislation  
that is beneficial to all ATs in the  
commonwealth. We ask that you please make a  
donation during that time. If you choose to opt  
out of receiving the text message solicitation  
please click on this [link](#) and "opt out" by  
10/20/22. There are three messages planned  
throughout the week that you will receive via  
text message. You can also "opt out" of the text  
messages at any time directly through the  
received message. The message will come from  
the phone number (484) 289-3698

Please make a donation to the PAC.

<https://www.patpac.org/store/p2/Donation.html>

## Practice Advancement (COPA)

Chair: Joshua Cramer DAT, LAT, ATC, ROT, CSCS,  
CES, FNS, PN1, EMR, ITAT  
[COPAPATS@gmail.com](mailto:COPAPATS@gmail.com)

No news submitted

### PA AT Political Action Committee

We support PA legislators that support ATs and  
all of our patients.



DONATE TO THE PATPAC!  
PLEASE and THANK YOU!

## Secondary Schools

Chair: Kiernan Melograna LAT, ATC  
[secondarieschoolpats@gmail.com](mailto:secondarieschoolpats@gmail.com)

The NFHS Foundation had an initiative to  
supply every member high school with a Wet  
Bulb testing instrument. Once the PIAA  
received these WBGT devices, the PATS  
Secondary School Committee and our PATS  
Technology committee worked together to  
flood social media and email our  
membership with the information to get  
these Kestrel devices and tripods to schools  
in need. Over 200 Pennsylvania schools took  
advantage of this opportunity.

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# PATS Committee News

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## Public Relations

Co-Chairs: Branden Green, MS, LAT, ATC  
Emily Duckett, MS, LAT, ATC  
[PublicRelationsPATS@gmail.com](mailto:PublicRelationsPATS@gmail.com)

Did you notice the new Mission statement on the last issue of the update? How about the new Vision statement? Check them out below!

PATS Vision Statement (left)  
and Mission Statement  
(below).

**A PROGRESSIVE ORGANIZATION OF HEALTH CARE PROFESSIONALS WHO WORK UNDER THE DIRECTION OF A LICENSED PHYSICIAN. LICENSED ATHLETIC TRAINERS WORKING IN THE COMMONWEALTH PROTECT AND ENHANCE THE HEALTH AND WELFARE OF OUR CLIENTS THROUGH PREVENTION, RECOGNITION, MANAGEMENT, AND REHABILITATION OF INJURIES. FURTHER, THE SOCIETY'S VISION IS TO CONTINUE TO PROMOTE OUR PROFESSION AND TO SERVE THE NEEDS OF THE MEMBERSHIP.**  
- PENNSYLVANIA ATHLETIC TRAINERS' SOCIETY

**EMPOWER ATHLETIC TRAINERS TO BE LEADERS IN TRANSFORMING HEALTHCARE BY ADVOCATING, EDUCATING AND PROVIDING RESOURCES TO DELIVER QUALITY PATIENT-CENTERED HEALTHCARE.**

- PENNSYLVANIA ATHLETIC TRAINERS' SOCIETY

## Technology

Chair: Jesse Townsend, MS, LAT, ATC  
[TechnologyPATS@gmail.com](mailto:TechnologyPATS@gmail.com)

The Technology Committee recently purchased the Later social media management platform to help plan, analyze and publish content in advance ([www.later.com](http://www.later.com)). Thanks to Devin Kielur for managing the process. Phil Hensler has taken interviews with PATS members from this year's convention and is editing them for podcasts. Keep an eye out to see those discussions to hear thoughts from various PATS leaders. The Technology Committee works closely with the MARCOM Committee to plan and deliver marketing communications. Keep an eye out on our social media platforms for content related to advocacy and gratitude. Reach out to Jesse Townsend at [technologyPATS@gmail.com](mailto:technologyPATS@gmail.com) if you have any suggestions, comments, or questions.

## Young Professionals

Chair: Joanna Entz, MS, LAT, ATC  
[patsyoungpros@gmail.com](mailto:patsyoungpros@gmail.com)

No news submitted

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# PATS Regional Representative News

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## Northcentral

Rep: Michael Zalno, MS, LAT, ATC  
NCrepPATS@gmail.com

Greetings from the North Central. I hope everyone's year got off to an uneventful start and everything is going smoothly for fall sports.

Thank you to all who have been working on SB 1160 and 1161 and to those of you who have sent Voter Voices. Please continue to be on the lookout for updates on the bills. Another round of Voter Voice will be coming. Please ask teachers, staff, faculty, coaches, family, and friends to send a Voter Voice.

Winter sports are going to be here before we know it. Remember to get your scales certified for Wrestling and Weight Certification can begin Friday, October 21st.

The PATS AT Week of Service will be November 7th-13th keep an eye out for more information.

Lastly, I am working on setting up a Zoom presentation for the region at the beginning of November. Larry Cooper has agreed to share information on "Knowing Your Value as an Athletic Trainer." Keep an eye out for more information.

## Northeast

Rep: Matthew Shelton, MS, LAT, ATC  
NErepPATS@gmail.com

No news submitted

## Northwest

Rep: Josh Long MS, LAT, ATC, CSCS  
NWrepPATS@gmail.com

No news submitted

## Southeast

Rep: Kyle Harris, MS, LAT, ATC  
SErepPATS@gmail.com

Happy fall from the Southeast region! While many of us are in the heart of our fall season I am to take some time send a message of appreciation and let you know of some an upcoming CE opportunity. First, thank you to all the members of the SE and all other regions who have taken the time to be involved with our legislative efforts up to this point! We in the SE are excited with the progress made so far and are excited to keep the momentum going. As special thanks to Shelly DiCesaro, Nicky Cattano, Jamie Mansell, Linda Mazzoli, and the whole PATS legislative workgroup for the tireless effort over the last few months. We greatly appreciate it. Finally, I'd like to again wish everyone a good rest of the fall season and start of winter!



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# PATS Regional Representative News

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## Southcentral

Rep: Chris Seldomridge, LAT, ATC  
*SCrepPATS@gmail.com*

The SC region had a small gathering of Lancaster & Lebanon county athletic trainers to unwind and connect. It went well from those who were able to attend. The hope is to have gathering if able in November.

Penn state Health had their 9th sport symposium in early August at the medical center. It was a nice turn-out right before the start of the fall season.

PIAA District 3 has signed a new contract bringing the pay for their events to \$30/hour. This increase has brought the pay up to current PRN rates in the area and will be for all DIII championship Events.

PIAA unfortunately chose to do the opposite of DIII. Up until this year a group of DIII athletic trainers had provided coverage for all PIAA events hosted in central PA. These athletic trainers, lead by Sonny Mills and Dr. Lynch worked to increase pay rates. After long negotiation, PIAA refused to raise pay rates and dismissed the long time staff.

September has been a busy month with legislation and and the start of school, everyone I have spoken with is in high spirits. We are her eto get everyone going.

## Southwest

Rep: William Ankrom, MS, LAT, ATC  
*SWrepPATS@gmail.com*

Greetings from the Southwest Region! These past few months have moved incredibly quick with a lot of work being delivered through the PATS Executive Board and Committees.

The first item to share from the region is the recent recognition of Mr. Larry Cooper at the University of Pittsburgh as a Distinguished Alumni. Larry was recognized by the school during the 50th Celebration Ceremony of the School of Health and Rehabilitation Sciences. During the recent PATS Executive Board Meeting, the location for the PATS Student Symposium was accepted and approved on behalf of Dr. Mary Murray and the PATS Educators Committee. The location of the 2023 PATS Student Symposium will be back in Pittsburgh, with UPMC Sports Medicine as the host institution. The dates are March 3rd and 4th, all of the details will be forthcoming. Please save the date and pass along to any interested students!

The PATS EMS Liaison and local Southwest member, Mr. Fran Feld has committed to providing an educational session to individuals (EMS and ATs) in the central part of the state.

Have a great fall season!

Sincerely,

William K. Ankrom, MS, LAT, ATC  
*swreppats@gmail.com*

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# Treasurer's Report

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	10/16/2022	10/1/2021	Difference
Checking (Main- Wells Fargo)	\$121,141.20	\$93,068.01	\$28,073.19
Scholarship- Wells Fargo	\$193,739.64	\$218,850.28	(\$25,110.64)
Research- Wells Fargo	\$99,559.77	\$107,417.75	(\$7,857.98)
PNC	\$500.94	\$10,540.77	(\$10,039.83)
<b>Total</b>	\$414,941.55	\$429,876.81	(\$14,935.26)