



# Quarterly News

## President's Message

As I look back on what PATS has been accomplished since this time last year. I am truly amazed and in awe of those who volunteer their time for our Society. Many of you have stepped up to fill committee positions and take over chairmanships. Our committees serve a vital role in the success of PATS and the realization of our mission. Executive Board member who do the everyday work of the Society take time out of their very busy schedules to participate on our many conference calls and meetings and directing the projects that are necessary to complete the mission.



George Roberts, MED, LAT, ATC

Since this time last year, a small group that is comprised of myself, Dr. DiCesaro, Dr. Ingram, Executive Director Mazzoli, and Tanya Miller our GAC chair, have been working with our lobbyist on practice act revision. We are working with Senator Tomlinson and his legislative staff. Our goal is to have a Senate Bill in the very near future. Stay tuned for more news on this front and remember that we will activate the entire membership at the appropriate time.

Most exciting this year just in time for the holidays, will be the roll out of our new website. This has been an ongoing project over the past two years. I want to thank Dr Nicky Cattano and her work group for their tireless work in finding a web site developer and providing content. The website will open very soon, and we will have the ability to add content and function in the future. I would also like to recognize the newly retired Hank Fijalkowski, our webmaster who has agreed to stay on in the position with the new website.

I think I am safe to say that PATS has a very deep bench when it comes to leadership and worker bees. Please step up and get involved. We need all of you to succeed on our mission.

I hope that you and yours has a very blessed and wonderful holiday season. Please remember to carve a little time out for yourself as you are carving the turkey. Keep all of members who have suffered great loss or great gain in your thoughts and prayers.

**George**

George Roberts, MED, LAT, ATC  
PATS President



November 2019 Issue

### OUR MISSION:

*The mission of the Pennsylvania Athletic Trainers' Society is to:*

- P** Promote the profession of athletic training through public awareness and education.
- A** Advocate the athletic trainer as recognized healthcare providers through continual legislative pursuits and stakeholder relationship
- T** Transact business on behalf of the Society's membership in a prudent, effective, and collaborative manner.
- S** Serve the membership by providing educational, research, scholarship, leadership, and networking opportunities.

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## Presidential Alert: District 2 Treasurer

I am proud to announce that our own Dave Marchetti, of Kings College has been elected to be the next District 2 Treasurer.

Please join me in congratulating Dave and wishing him luck in this new adventure.



## Student Spotlight: Allison Ross University of Pittsburgh

**Year:** 2019 (Recent graduate)

**Previous Clinical Rotations:** Women's Softball (Pitt), • South Fayette High School • Football (Pitt)• Women's Basketball (Pitt)

**Certifications/Credentials:** NREMT Weight Assessor Certification, Basic Life Support (American Red Cross)

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**Why did you want to pursue a career in athletic training?** Following an injury of my own, the athletic training room at my high school felt like a second home. My high school athletic trainer was present and actively engaged from the time of injury, through the rehabilitation process, until I was able to step back onto the field. He made the injury process function smoothly and inspired me to pursue a career in athletic training so that I may provide the same level of care for my own athletes in the future.

**Where do you hope to see athletic training in 10 years?** In ten years, I hope to see advancements in the recognition and respect afforded to athletic training as a healthcare profession. The profession has made great strides in recent years, but there is more work to be done to ensure the longevity of athletic trainers. In the future, I believe that athletic trainers should be present in high schools across the nation so that all athletes have access to immediate and emergency care at sporting events. I also hope that the transition to a professional master's program and development of internships and residency positions offers valuable clinical experiences and



## Student Spotlight Continued...

fair compensation. I would like to see further advancements in mental health programs not only for athletes, but also for athletic trainers. A majority of our time is spent caring for others that we so often forget to care for ourselves.

**What are your career goals?** My short-term goal is to continue my education in the Master's in Sports Medicine program at the University of Pittsburgh for two years. Following the completion of a master's degree, I would like to work in collegiate athletics and have the ability to mentor aspiring athletic training students seeking to embark upon a sports medicine career. Long-term, I see myself obtaining a doctorate degree and returning to the classroom setting as an educator.

**What do you hope to bring to the field of athletic training that may be unique or help improve the field?**

In the next year, I will be transitioning from an undergraduate student to a graduate student serving as both an athletic trainer and a preceptor to undergraduate students. My hope is to encourage them to become involved in organizations such as PATS, EATA, and NATA and activities outside of the program so that they are able to grow and continuously challenge themselves. I have been fortunate enough to do so in my time as an undergraduate student and have experienced numerous benefits. Early involvement and dedication to the betterment of the profession has the ability to make a difference in the long run.

**Being a leader and advocate for student athlete health services can be rewarding and challenging, how would you describe your leadership style?** I believe that I employ a coaching leadership style. I look to challenge athletes to set goals and push them to achieve those goals both on and off the field. A key component of being a leader is also being able to listen to others, evaluate feedback, and make changes accordingly. I am always open to new ideas or suggestions from athletes to improve their experience in the athletic training facility. Ultimately, I am an advocate for the health and well-being of my athletes and will do what it takes to support their personal, academic, and athletic endeavors.

**What are your interests outside of athletic training?** Outside of athletic training, I enjoy baking various dessert items, reading, drawing, and practicing my calligraphy handwriting. I also love spending time with my fellow classmates watching movies and exploring all that Pittsburgh has to offer.



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## **PATS Email Notice**

*Please note board and committee emails are being updated to new Gmail accounts. Gopats.org emails are being phased out. We appreciate your patience during this transition!*

## **2020 Student PATS Symposium** **Hosted by Lock Haven University**

**>>Make your plans now!**

Lock Haven University is proud to host the next **Pennsylvania Athletic Trainers' Society Student Symposium on March 20-21, 2020**. Our students really wanted to "take their turn" as they have become quite passionate about a health care attribute that is oftentimes eclipsed by more media-savvy conditions, that being the role of mental health. The prevalence of mental conditions such as anxiety, depression, and eating disorders in the athletic population is becoming epidemic. These situations can lead to decreased general immunity, compromised healing, drug use, self-harm, and suicidal thoughts. If we as athletic trainers are true to our charge of overseeing the health and well-being of our patients, then this is one area we feel needs greater training in our upcoming professionals in effort to efficiently recognize the signs and symptoms and develop a mental health emergency action plan to effectively deal with these situations when they arise.

We have recruited a wide range of mental health experts committed to provide student-centered learning to join us for the weekend, including: Psychology Faculty, Mental Health Counselors, Community Health Educators, and former athletes who have battled some of these conditions. We have several planned keynote lectures, but really want to highlight some skills the attendees can take with them to use in developing their clinical practice. Through hands-on breakout sessions they will see some of the techniques counselors use to develop communication and trust, some emerging referral options for treatment, how to partner with your Athletics Department and coaching staff to better identify those at risk, and cadaver anatomy of the brain showing how personality and rational thought can be affected by past physical and mental experiences.

It is our hope that by attending this symposium, students will leave with a better understanding and appreciation for the mental health of their patients and acquire some necessary resources they will need in their future clinical practice. We feel this is not only important for better healthcare delivery, but also for us as healthcare providers as well.

Please pass this information along to any college student that may have an interest; we will have sessions specifically designed for both undergraduate and graduate level students. Registration will be posted on the PATS website in January. Hope to see you all in March.

## Meet the Man Behind



## New Logo!



**Sam Silverstine, MS, LAT, ATC** is the creator of PATS fresh new logo that has been appearing all over social media, and online!

**Education:** East Stroudsburg (BS in Athletic Training), Indiana University of Pennsylvania (MS in Exercise Science)

**Current Employment:** Geisinger

**Hobbies & Pastimes:** Watch Sports, workout, hang out with friends and family, fish, and golf. I am big into ice hockey and used to play.



**Why did you want to participate in the new logo initiative?** I thought it would have been neat to give back to the Pennsylvania Athletic Training community and use my artistic mind and create a logo that stood out to show the public to who we are as a society and a profession.

**What was your inspiration in creating the winning logo?** The NATA logo really inspired me to create the new PATS logo. I believe really emphasizing the "AT" in the logo really draws the readers eye on who we are.

**By winning this contest, how do you think you have helped evolve the PATS?** I believe the logo gives us a fresh start. I believe starting with a fresh logo will help us embrace on who we are as professionals and the quality of care AT's give to our athletes.

## Treasurers Report *Miranda Fisher, MS, LAT, ATC*

	10/7/2019	10/1/2018	Difference
Checking (Main- Wells Fargo)	\$82,112.14	\$92,036.42	<b>(\$9,924.28)</b>
Scholarship- Wells Fargo	\$198,002.96	\$175,419.65	<b>\$22,583.31</b>
Research- Wells Fargo	\$103,159.26	\$98,552.16	<b>\$4,607.10</b>
<b>Total</b>	<b>\$383,274.36</b>	<b>\$366,008.23</b>	<b>\$17,266.13</b>

### Disbursements

	2019-2020	2018-2019	Difference
March- June	5,571.00	\$ 8,029.06	<b>(\$2,458.06)</b>
July - Sept		\$ 2,431.08	<b>(\$2,431.08)</b>
Oct-Nov		\$ 26,844.73	<b>(\$26,844.73)</b>
Dec		\$ 31,847.32	<b>(\$31,847.32)</b>
Jan-Feb		\$ 31,834.31	<b>(\$31,834.31)</b>
<b>TOTAL</b>	<b>\$ 5,571.00</b>	<b>\$ 100,986.50</b>	<b>(\$95,415.50)</b>

- Transfer of 20k to scholarship was completed 9/18. Reinvestments of the cash that has accumulated in the account has taken place.
- We have received sponsorship money from ImPACT, Stop Pain, and recovery pump. I am currently following up with Go4ellis, hawkgrrips
- I have requested reimbursement as second time from D2 for the scholarship but we have not received it as of 10/7.
- Tax information for 2019 has been submitted 10/6/19.

**PATS Website Password  
Members Only**

**GOPATSGO**

## Update Your Information

If you are a PATS member and not receiving this newsletter electronically.....we need your help. We have taken great strides in the development of our Society's Electronic Newsletter. It saves money and time and provides valuable information. **Please go to the NATA website "Members Only" section and update your email address.** Please be assure your information will not be released. It will be used for PATS/ NATA membership communication only.

## Volunteer with PATS

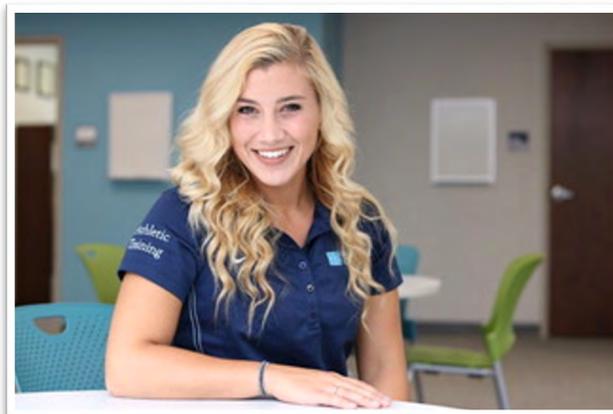
[Click Here](#) to become involved with our organization!



# Kelly Hoots' Unique Adventure

By Bridgette Saba Whitermore, LAT, ATC

When collegiate athletes get injured, there is often an Athletic Trainer around to tend to their aches and pains, but what happens when performing artists, club sports enthusiasts, or collegiate faculty get hurt? At Moravian College, they see **Kelly Hoots**. Hoots took on this new and unique part-time position over a year ago. She stated that "The new challenge sparked a fire in my soul." It was a new population that she had never taken care of before. After seeing the need for her on campus, Hoots' position transitioned to a full-time job and the demand continues to grow.



Kelly Hoots, MSAT, LAT, ATC

## What is your current role?

Kelly Hoots works as a full-time Athletic Trainer at Moravian College for faculty, staff, general population students, club intramurals, ice hockey, rugby, and the performing arts students. For five hours of each week, she works with performing artists in the clinic and teaches graduate Athletic Training students for eight hours a week.

## What other jobs have you had prior to your current role?

All throughout undergrad, I participated in an off-campus immersion clinical program. I went to ODU (Old Dominion University) for a 6-month period and worked with Women's basketball and baseball. I was also assigned to William and Mary's Football team. Once I was certified, at ODU, I took care of chronic injury sports including swimming and diving and rowing. I think that was a good transition from acute injury varsity sports, to chronic injury varsity sports into this performing arts world. I got a better understanding of chronic injuries themselves and now I get to see them in a population that does not have healthcare on all campuses.

## Describe the route you took to get this current role?

Now, I work with rugby, which was something that was new to me and ice hockey. They don't have that down south. We have one arena, I am pretty sure. Before [going to college], I played guitar and was involved with gymnastics and cheerleading, which is a form of performing arts. So, I knew what the performing arts world was all about, but I never worked with them until I got here.

I came up here [from Virginia] originally, to do the Athletic Training Residency program at St. Luke's University Health Network. The year of that is to specialize you in evaluation and diagnostics. [While completing the St. Luke's AT Residency] I worked part-time on Moravian's campus with the populations that I am working with now and seeing the need for me on campus, it has transitioned to a full-time position.

## What has prepared you for your current role?

My past experiences playing guitar and participating in cheerleading and gymnastics, but also having relationships outside of Moravian. Having friends in the dance world and now David Wilkenfeld is here, so he helps me prepare even more. Also, all the preparation and research I did for this role.

## Why did you decide to take your current role?

It was a challenge as well as something that interested me. It sparked a little fire within my soul and I was like okay, hey this is something new and something that you have never taken care of before. Also, I had a little background in the performing arts and it was a way to get more of a professional experience with the [performing arts] populations.



## *Kelly Hoot's Unique Adventure Continued...*

**How do you currently promote your skill set/credentials as an Athletic Trainer** We do a lot of marketing. So, when I first got here we wanted to get this information out to the general student population, which was a big thing because most students that have not been involved in sports don't know about Athletic Trainers. So that was one of the questions I always asked during evaluations. Have you ever worked with an Athletic Trainer? They often would say, well we had a nurse on campus or we had a PT, is that the same thing? So, that is when the education piece comes in.

More recently, we have done prevention presentations to performing artists at a performing artist workshop. I also gave a brief presentation about my position on campus and key prevention tips that the students can prevent injury.

**What advice would you provide to someone looking to get into your current role?** Making sure you network within the performing arts world is going to be key because the positions are almost null and void if you are looking for them. Maybe you will find one or two positions, but you will not find many people in the role that I am in at this level. Make sure you are going to conferences, not just your state or national conferences but also performing arts medicine conferences. If I did not go to a conference in Georgia and was not standing by my poster about standardized patients we never would have had the conversation that got me hired. I just think back, if I have never gone to SEATA, if I never stood next to this poster and him and I never had this conversation, I would not be where I am.

I wanted to work with a standardized population, and not high school students; I wanted a challenge and wanted to teach a little. A few hours after our conversation, he called me up and offered me a position on Moravian's campus and I was like, Yes!

**What are challenges you have in your current role?**

Finding the gold standard screening process and the best way to take care of a dancer. The evidence is not necessarily out there for the dance populations or performing artists specifically. There are textbooks out there like, Performing Arts Sports Medicine or the Musicians' Way. It teaches them about practice and technique, but I wanted to figure out who was going to be predisposed to injuries and then once they get the injuries, how can we reduce missed performance time in this population of individuals. That is where my research comes into play in the past couple of years. I am looking at the screening process that professional dancers use and collegiate dancers use, which are not a lot, and trying to figure out, besides posture, what may be a factor that would lead to injury.

I spent hours and hours going through the literature and came up with the Moravian College Dance Injury Screening. It involves a mental health portion, structural, functional and dancer specific movements. When we did the original 9-page document, we got redundant information. We tried to see what is more dance specific to eliminate parts of the document down to a 4-page document and have found great information that allowed us to catch a couple of injuries. My hope for this is to make it realistic for an Athletic Trainer that works with a collegiate dance department or at a high school that work with multiple sports [in addition to performing artists] to be able to pick up this piece of paper and know what it will tell them.

**Where did you see yourself working while completing your AT degree?**

When I first got started, I wanted to be a PT, but within in my first week of freshman year, I realized PT is not for me and something I felt passionate about. So, I thought to myself, well what would I want to do with this. That is the reason why I went to Balisse. I wanted to do international Athletic Training, which I still have a huge passion for and even more so now after working with rugby and dance. I definitely did not see myself working in a dance medicine role. I like to be open-minded and if it falls in front of me, that is awesome. If it is an opportunity, I am not going to say no.



## *High School Sports Medicine*

### *Annual Fall Professional Learning Community Meeting*

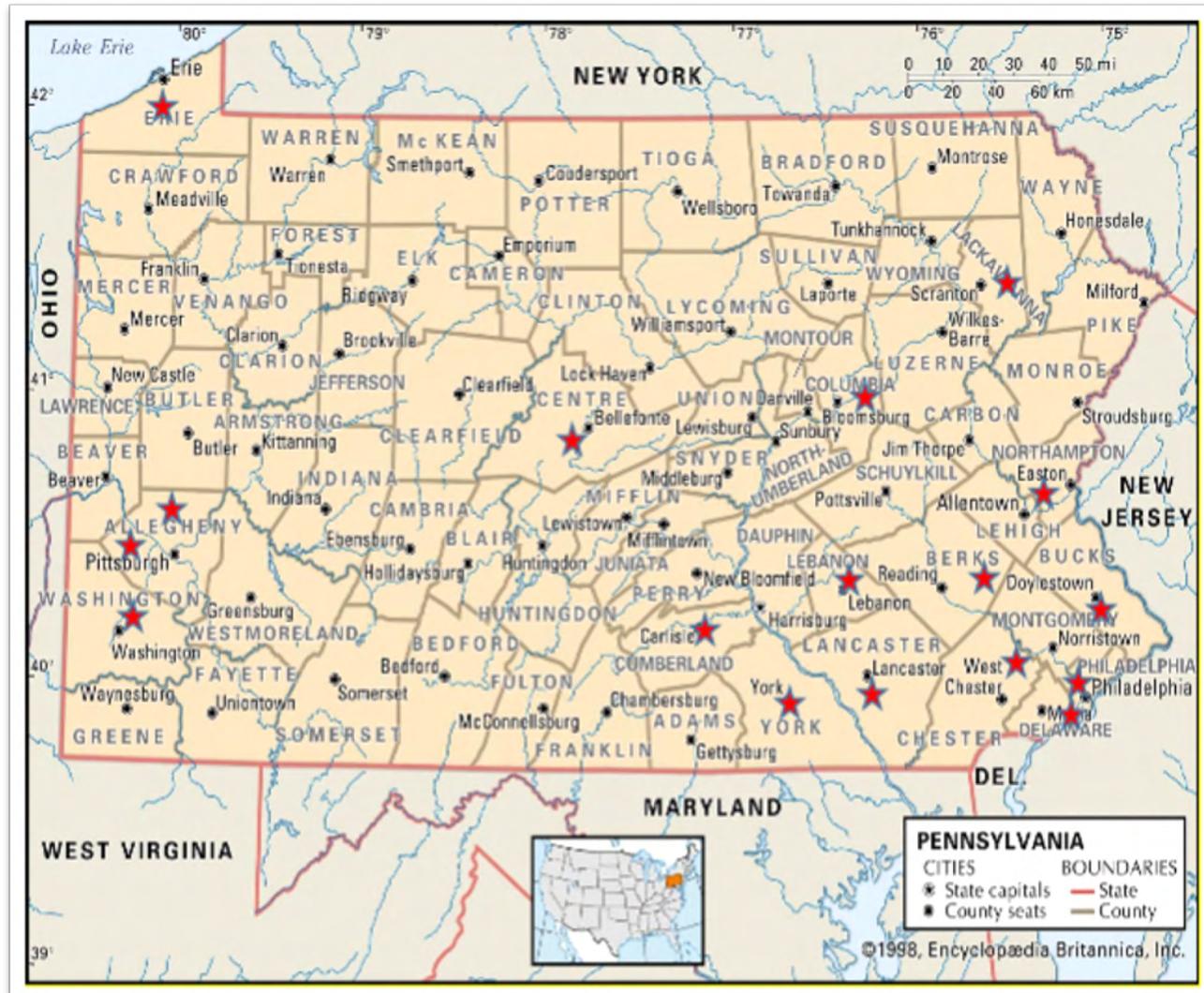
In 2015, PATS celebrated and supported the creation of a Pennsylvania Department of Education (PDE) sports medicine curriculum at the secondary level. PDE titled the program Rehab Aide (CIP 51.2604) but each program has local naming rights and they are often titled Sports Medicine, Sports Therapy or Athletic Medicine. This curriculum was created by a team of athletic trainers and physical therapists turned high school career and technical educators as they worked collaboratively to create a competency task list relevant to the fields of AT, PT, OT and wellness that enables high school students to explore career pathways. The competencies were cross walked to the NATA Secondary Schools Course Outline in an effort to align with national expectations.

What started with four schools has since grown to seventeen spread across the state. The instructors have developed a statewide professional learning community (PLC) and meet biannually to continue to advance the curriculum and integrate new programs and instructors. The most recent meeting took place on October 25, 2019 at State College Area High School in State College, PA where high school instructors, administrators, post-secondary and PDE representatives gathered to discuss a variety of topics from dual enrollment agreements with state institutions of higher learning to internship opportunities for their students to instructional best practices. One of the challenges for the team is to develop robust dual enrollment agreements with post secondary entities to which their students are likely to matriculate. The group is hoping for the ability to award 6-12 credits for courses completed in their program in trade for well prepared students that have explored careers, taken relevant coursework, hold basic certifications (CPR, HIPAA, etc.) and completed observation hours.

All programs are required by PDE to have at least one agreement with one post secondary institution, but this group is ultimately hoping for a legitimate and strong statewide articulation agreement where completers of these programs at any of the high schools /career and technical centers can obtain college credits at any of the post secondary sites. Students participating in these programs demonstrate mastery of the competencies in aforementioned linked task list as well as take an end of program NOCTI standardized test that has both a written and hands on component. The NOCTI test was developed after the team of instructors were trained on standardized test writing, assessed by a psychometrician, piloted for several years, edited and is finally will go live this Spring. The expectation is that many more programs will come online over the next few years and more AT's, PT's, OT's and PTA's will be needed to fill instructor roles across Pennsylvania.

**For questions about this article please contact Jennifer Reed ([jl42@scasd.org](mailto:jl42@scasd.org)) or Yvette Ingram ([PATSpastpresident@gmail.com](mailto:PATSpastpresident@gmail.com)) .**





### *Secondary Schools Offering Health Professional Classes*

- AW Beattie Career Center
- Berks CTC East Campus
- Bethlehem AVTS
- Carlisle Area HS
- Central Columbia High School
- Delaware County High School
- Erie High School
- Lancaster County CTC
- Lebanon County CTC
- Middle Bucks Institute of Technology
- Parkway West CTC
- Sayre William L MS
- State College Area High School
- Trinity SHS
- Wallenpaupack Area High School
- Western Montgomery CTC
- York County School of Technology



## ***Final Call for Abstract: PATS 2020 Annual Symposium***

Abstract submissions are being accepted for the PATS 2020 Annual Symposium being held at the Wyndham Gettysburg, in Gettysburg, PA. The date is June 4 - June 6, 2020. We encourage all members from any clinical setting to read the call for abstracts and the details of the different submission types.

The selection committee is particularly looking for presentations that appeal to Athletic Trainers in all settings and that are based on the most current research. If you are submitting an abstract for a previously approved EBP course, please attach a copy of your certificate with your submission. If you have an interest in making your presentation EBP, please make note of that when submitting your abstract. Submissions are due by December 1st, 2019. Late submissions will not be accepted.

\*If a proposal aims to award evidence based practice continuing education units please be sure to specify the proposal fits into this category. As part of the proposal form, you will be required to provide your BOC Approved Provider Number.

We welcome proposal submissions from PATS members and nonmembers.

[Details can be found here](#)

### ***CHAMP USUHS Sickle Cell Trait Study Requests Your Help***

The USU needs help informing athletic trainers, athletes, and non-athletes about a Sickle Cell Trait genomics study. As leaders of Pennsylvania's athletic training community, we ask that you inform your colleagues and SCT carriers about this important study.

The Consortium for Health and Military Performance (CHAMP) at the Uniformed Services University of the Health Sciences (USUHS) is studying genetic differences between Sickle Cell Trait Carriers who have or have not experienced Exertion Related Events (EREs). We seek to discover novel genetic variants associated with an increased risk of ERE in SCT carriers. The knowledge gained from this study will be invaluable to athletic trainers and SCT carriers.

Participation is simple with no follow-up and can be accomplished remotely. Participants call 240-479-9514 for screening, fill out a few forms, and make a single visit to any LabCorp for a small blood draw. All shipping expenses are paid and participants receive a \$25 gift card.

Please share this at your respective institutions. See our flyer for more info and call 240-479-9514 or email

SCTStudy-ggg@usuhs.edu to participate.



CHAMP



## Genomics of Exertion Related Events in Sickle Cell Trait

Exertion Related Events (EREs) such as exercise-related muscle damage, heat stroke, and collapse have been observed in individuals with Sickle Cell Trait (SCT). The **Consortium of Health and Military Performance (CHAMP), Uniformed Services University (USU)** is conducting a study to better understand the association between SCT and EREs. This study will search for genetic markers of EREs in individuals with SCT.

We invite African-American SCT positive men and women and their family members, with or without a history of ERE, to participate. Volunteers must be between the ages of 18 and 80.

### Participants will be required to do the following:

- Sign the Informed Consent Document (ICD) and HIPAA authorization form to grant access to medical information related to SCT and ERE
- Fill out a questionnaire, including a brief medical history
- Give no more than 25 mL (less than 2 tablespoons) of blood

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Upon completion of all study requirements, participants will be compensated with a \$25 gift card.

Please contact the Consortium for Health and Military Performance (CHAMP), USU for further details:

**Call: 240-479-9514 or email: [SCTStudy-ggg@usuhs.edu](mailto:SCTStudy-ggg@usuhs.edu)**

(USUHS) IRB 1  
IRB NUMBER: MEM-91-3139-S1  
IRB APPROVAL DATE: 07/31/2019  
IRB EXPIRATION DATE: 08/08/2020



## ***Northeast Regional Report***

### ***Rennie Sacco, MEd, LAT, ROT***

Hello to all in the Northeast region! Hope you all have enjoyed the Fall season and hope your teams are doing well. The weather has been unseasonably warm but the cold will get here fast enough.

#### **ESU ATSC Volunteers and Fundraisers:**



East Stroudsburg University's athletic training student club and faculty members participated in many volunteer and fundraising events in the early Fall months. These events included the borough wide "Pick up the Poconos" where they spent multiple hours on a Sunday morning picking up litter in the surrounding East Stroudsburg area. The ITA honors student club hosted a Homerun Derby to raise money for Chronic Traumatic Encephalopathy (CTE) research and donated all proceeds to Boston University's research team.

As always, if you have any future news, please feel free to contact me or reach out at any time with any questions or concerns you may have.



## **North Central Regional Report**

**Bill Frye, LAT, ATC, ITAT**

Hello everyone,

I hope everyone had a wonderful few months. As the vibrant colors of fall decrease and the leaves find the ground, I pray most of you got some rest between seasons. I cannot believe Thanksgiving and Christmas are already around the corner as well. I think I can already hear the Christmas songs playing in the background of department stores and advertisements on TV. So, as the days fly on by, here is what's happening in your north central region.

After 9 full years Steve Hicks, athletic trainer at Athens High School through Guthrie Sports Medicine, will be conducting his final recovery group meeting in November. Steve held his first Twin Tiers Sports Post-Concussion Support Group on November 11, 2010. Initially the group was meant to offer an outlet for high school athletes, with their family and friends, to help them through their recovery from post-concussion syndrome (PCS). Since then (despite the name of the support group), Steve opened the group up to all individuals and their family and friends recovering from PCS. Steve's last group meeting was held at the Sayre Guthrie Clinic on November 10th at 2pm.

Exciting news!!! Lock Haven University will host the next Pennsylvania Athletic Trainers' Society Student Symposium on March 20-21, 2020. The Symposium information is located here in the Quarterly News, check it out!

On March 26th UPMC Susquehanna will be hosting our annual NATA National Athletic Trainers Month Symposium at the Williamsport Regional Medical Center's Tower Conference Center. This event will start at 8:00 am and conclude with a lunch at noon. 3 or 4 CEUs will be offered. If you are interested in attending or being a presenter, contact: Mike Ludwikowski at 570-320-7451 or at: ludwikowskime@upmc.edu. Come celebrate National Athletic Trainers Month with colleagues and friends!

If you or someone you know is looking for a job, a Per Diem Position and a Full-time position is available now with UPMC Susquehanna. Apply on the career page at: [careers.upmc.com](https://careers.upmc.com) job position # 10379912 and check it out on the NATA Career Center web page. Any questions, call Mike Ludwikowski.

To conclude, I would like to thank you all for the amazing work you do no matter what setting you are employed. You are all much appreciated. Please let me know if there is anything, I can do for anyone moving forward. Have a Happy Thanksgiving and a Merry Christmas!

Sincerely,

Bill Frye, LAT, ATC, ITAT  
Pennsylvania Athletic Trainers' Society  
North Central Representative



## ***Northwest Report***

### ***Audra Newmann, LAT, ATC***

Hello from northwest PA!

There is snow here in Edinboro today, and so it begins... I know that this is a busy, busy time of year and hope you all are hanging in strong as we approach the end of the fall sports season. I am slowly getting my bearings with my position as Northwest Rep. Please feel free to reach out with interests and ideas for programs or if you have any questions or concerns. If there are any fellow athletic trainers doing great things above and beyond our usual hard work, let's give them some recognition. Also, let me know if there are any continuing education programs that are being offered so that we can help advertise.

Emergent Care and Evaluation of Athletic Injury is being held on Sunday, December 8th 2019 at 7:30 AM—4:15 PM The Kovalchick Convention & Athletic Complex hosted by Indiana University of Pennsylvania. There are couple other programs in the works, I will let you know what and when they are happening as soon as the plans are solidified.

Effective immediately my new email will be [NWrepPATS@gmail.com](mailto:NWrepPATS@gmail.com).

## ***Southeastern Regional Report***

### ***Nicky Cattano, PhD, LAT, ATC***

The beginning of November always marks the Annual Special Olympics Fall Fest at Villanova University. Linda Mazzoli serves as the medical director and coordinates volunteers from all across the state to provide medical coverage for the entire duration of the event. Certified athletic trainers and students from all over the state volunteer their time to assist athletes during this great event. Thank you to Linda for coordinating such comprehensive coverage and to everyone who was able to dedicate some of their very busy schedules to serve this fantastic event!

Congratulations to Jessica Rawling (Temple Alum x2) athletic trainer at William Penn Charter School on being recognized as one of Temple Magazine's 30 Under 30 Awardees who are alums who exemplify being #TempleMade.



## *Southeastern Regional Report Continued...*

PATS co-sponsored and hosted an outstanding EBP CEU event with ebpCentral entitled Biopsychosocial Approaches to Establishing Concussion Treatment Pathways with Dr. Stephen Russo, PhD, Clinical Sports Psychologist & Concussion Specialist from Springfield Psychological Rothman Orthopaedics Concussion Network.



Temple & West Chester University representatives Jamie Mansell & Katie Morrison attended the first inaugural Association for Athletic Training Education (AATE) meeting in Boston this summer.



Over the summer, Emily Stein, Temple MSAT student received the Chuck Kimmel first time attendee scholarship through the NATA. Also from Temple, Destinee Grove (post-professional MS student) was awarded the NATA iLead scholarship. West Chester University's Mike DeGaetano (2019 Jim Thornton Leadership) & Maddison Miller (2019 Tanya Dargusch Service) also received their NATA awards this summer.



## *Southeastern Regional Report Continued...*

Lindsey Keenan was very involved in assisting with Rams Let's Talk 5k a student lead event that helped to raise awareness and support for student athlete mental health services student and the West Chester University Athletic Training club volunteered as well.

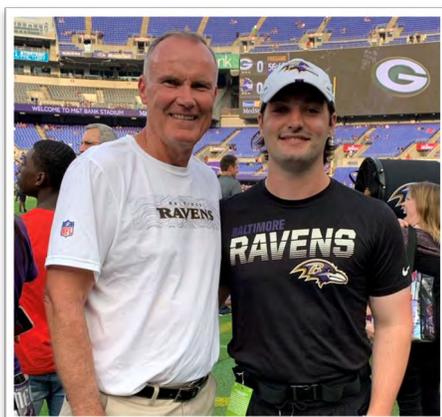


Special thank you to Darren Sudman who spoke at West Chester University about the Simon's Heart Organization and mission. WCU Students also volunteered at Simon's Heart screenings this Fall.

Immaculata University will start its new MS in Athletic Training Program with students enrolling for this Summer 2020.



WCU MSAT students had amazing immersive clinical experiences, including two students worked learned while working with NFL teams: Quinn Sherer (Baltimore Ravens) & Kevin Wisener (Indianapolis Colts).



**If you ever have any questions or news to share, please contact me at [SErepPATS@gmail.com](mailto:SErepPATS@gmail.com) (NOTE THE NEW EMAIL ADDRESS).**

Thank you to each and every one of you for all of the things that you do on a daily basis.  
Have a GREAT day!

