



The UpdATe

2022 Issue No. 3 | July 2022

President's Message

"We can't choose the game. We can't choose the rules. We can only choose how we play."

-Simon Sinek

I hope that everyone is enjoying their summer and finding some time to recharge in-between attending conferences and taking care of projects or work that you've been meaning to do. Part of my summer goals include reading development books. While reading "The Infinite Game" by Simon Sinek, I felt that it really helped to capture how special the athletic training profession is to me. It reminded me how we feel compelled and united to do our part to benefit the greater good. I am astounded by the number of people inspired and connected by one profession, one program, and even one person. Most recently as I had the privilege of celebrating and experiencing how special Phil Donley's vision was at the 50+ years of WCU Athletic Training Education Celebration. I felt a similar familial bond at the PATs Symposium with the realization that we are all just a small part of something that is so much bigger than any of us have yet to realize, and it is an exciting time to be an athletic trainer.

This energy has been a distinctive reminder that we are all a part of this for profession for reasons beyond ourselves. We all became athletic trainers for a variety of reasons – and that is a very important part of why and who we are today. I am most excited that we all are continually working towards improving our profession for those that come after us. I am beyond humbled and excited to have started my term as PATs President and continue my journey of serving the membership. There have been tremendous leaders before me with exciting initiatives and accomplishments, who have inspired myself and others to rise-up and join the PATs vision.



Following in the footsteps of such regarded and achieving leadership can be intimidating yet exhilarating all at the same time. Many have told me that leadership is not about getting results, it is about surrounding yourself and empowering people who ultimately get the results. I hope to be able to continue to work alongside members and focus on providing an environment to help cultivate rising leaders to continue to propel PATs to improve the standard of athletic training health care through evidence-based health care decisions, improved patient outcomes, as well as advocacy to and recognition by stakeholders.

COVID has changed our "normal" and while things have been extremely difficult, athletic trainers have been versatile and efficacious. We have seen new initiatives, realizations, and new leaders arise. Financial strain has been evident in our personal and professional lives. The NATA has also felt the strain and has taken many steps to remain fiscally responsible. Part of that has been putting a hold on funding for joint committee meetings, special projects, as well as grants to states to support governmental affairs. This funding from States that was historically used to support our Lobbyist expenses and opportunities for legislation changes.



Our Mission:

Empower Athletic Trainers to be leaders in transforming healthcare by advocating, educating and providing resources to deliver quality patient-centered healthcare.

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Presidents Message Continued

NATA, along with PATS, has also felt the financial strain with a decrease in membership that also comes at a time in our country when inflation is on the rise. PATS has shown flexibility and vision by thinking proactively about these issues to help position the Society in good health while not compromising member benefits. These strategies included trimming board expenses, trimming executive director responsibilities and salary, evaluating programs, and changing our approaches to gain positive outcomes.

I am thrilled that we were able to return to in-person PATS. The PATS Symposium has historically been a fiscal challenge due to lost money for the last few in-person Symposiums. While we recognize the importance of the event, we simply did not have the option to lose money this year. Due to the determination, vision, and versatility of Liz Evarts & Jess Baum, alongside the entire Convention Committee, Corporate Sponsors, & Exhibitors Committees, PATS was successful in hosting our 2022 PATS Symposium. Thank you for all that everyone did to make it a success!

Our Modernization of Athletic Training Practice Bills 1160 & 1161 were voted affirmatively out of Senate Consumer Protection & Professional Licensure Committee and will be considered by the entire Senate when they return in the Fall. We will need to ramp up our grassroots efforts and will need members help with the call to action to help educate the Senate why this is important for them to pass.



President's Message, Continued

We will need help with VoterVoice, meeting with local legislators, making phone calls, and possibly going to Harrisburg. SO please be on the lookout and let us know if you would like to help!

It has been fantastic seeing friends and colleagues over the past month as we have returned to conferences and have been able to celebrate some tremendous accomplishments. The energy and excitement are revitalizing, and I very much look forward to working alongside many of you. Most importantly – we are a small part of a storied legacy with our potential yet to be realized. Please remember that TOGETHER, we make athletic training special. I am humbled and proud to “play” in this infinite game alongside you all and I look forward to continuing to elevate the profession and Society.

Nicky

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PATS Raises Funds for Flyer's Athletic Trainers

During Convention this year, PATS ran a hockey raffle and were able to raise \$1000 to support Jimmy McCrossin & Sal Raffa. Both long time Philadelphia Flyers athletic trainers have been diagnosed with a rare cancer. Currently, there is an open lawsuit surrounding possible workplace hazards and exposure to chemicals as the possible cause. Unfortunately some of the treatments they need are not covered by insurance.

If you would like to donate please see the GoFundMe link below. There is a fantastic PodCast associated with this as well in case you want to listen.
<https://podcasts.apple.com/mx/podcast/stg-x-mdutph-special-one-day-at-a-time-with-jimmy-mccrossin/id1365686897?i=1000559416750>



https://www.gofundme.com/f/jimmyandsal?utm_source=customer&utm_medium=copy_link_all&utm_campaign=m_pd+share-sheet

News & Noteworthy

2022 PATS Annual Meeting

Thank you to everyone who attended the 2022 PATS Annual Meeting and Clinical Symposium. It was wonderful to be face-to-face again! We had an outstanding turnout with over 200 attendees joining us for educational sessions, awards and social events!

The Convention Committee and Executive Board worked diligently to be fiscally responsible and stay within our budget this year without raising attendee fees. We are proud to say 2022 was the first time we were able to meet all our budget goals. We would like to say thank you to our many sponsors, exhibitors and promotional gift donors who helped make this possible including:

Collins Sport Medicine
Henry Schein Medical – Athletics & Schools PROMotion
Moravian University – Doctor of Athletic Training
National Financial Network
Rival Ortho/ MioGuard
Rothman Orthopaedics
St. Luke's University Network
UPMC Sports Medicine
WCU Athletic Training
WellSpan Health

Convention committee would also like to thank the following PATS committees: Public Relations, Continuing education, Technology and Corporate Sponsorship. Without their hard work, our committee would not be able to provide our attendees with one of the best events of the year.



To re-visit and view the images from the 2022 PATS Annual Meeting and Clinical Symposium please copy/paste to your browser's address bar, the following:

<https://philhenslerphoto.instaproofs.com/gallery/#events/1890173>

Once you have entered the event feel free to view, share, email, and purchase your favorite images! These images will only be available for a limited time, so come take a look today!

Purchasing your favorite images is quick and easy! Simply do the following:

- Click on the image you are interested in
- Select your preferred print size(s)
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If you have any questions about viewing or purchasing these images, please feel free to contact us at any time.

Sincerely,
Philip
Philip Hensler Photography, LLC
<http://www.philiphensler.com>



PATS Committee News

Community and Youth Activities

Chair: Heather Kinney, MS, ATC
CommunityandYouthPATS@gmail.com

No news submitted

Continuing Education

Chair: Becky Mokris, D.Ed., LAT, ATC
ConEdPATS@gmail.com

Hello from Continuing Education!
We have been working to send out CE certificates for all who attended the PATS Symposium in June! Please be sure to look through your emails for your certificates that will be going out on Monday, July 11th. IF you do not have your certificate, please check your spam folder, junk mail, and any other email you may have. We will be sending certificates to the email address you used to register for PATS. Please note that our emails are sent from Gmail, therefore, some systems block our emails because they are labeled as spam. Please reach out to conedpats@gmail.com if you do not receive your certificate.

Corporate Relations

Co-Chairs: Richard Bertie MS, LAT, ATC, PES
Sara Miraglia, MA Ed, LAT, ATC
corporaterelationsPATS@gmail.com

No news submitted



College & University

Chair: Wendy Wheeler, DAT, LAT, ATC
CollegePATS@gmail.com

No news submitted

Convention

Chair: Liz Evarts, LAT, ATC
ConventionPATS@gmail.com

Mark your calendars! The 2023 PATS Annual Meeting and Clinical Symposium will be held in Gettysburg, PA at the Wyndham Gettysburg.

Educators

Chair: Mary Murray
EducatorsPATS@gmail.com

One of the goals for the Educators Committee this past year was to create an award to recognize the work of exceptional PATS educators and preceptors. We received several strong nominations for these inaugural awards. Congratulations to the awardees who were recognized at the PATS 2022 Annual Meeting and Clinical Symposium on June 10.

2022 Outstanding Educator Award:
Carolyn Jimenez, PhD, LAT, ATC

2022 PATS Outstanding Preceptor Award:
Mark Grothmann, MEd, LAT, ATC

Thank you to all of those who nominated outstanding individuals for these awards. We hope that PATS members will continue to nominate their colleagues and peers for this recognition!

PATS Committee News

Ethics

Chair: Jackie Williams, PhD, LAT, ATC
EthicsPATS@gmail.com

What values and behaviors do you live by in your professional athletic training setting? When faced with ethical dilemmas, how do you make your decisions? Do you know what CIRCA means to the athletic training profession?

Many of the other healthcare professions have had shared professional values for several years. However, it was not until 2021 that the Athletic Training profession identified these values. Tasked by the NATA Board of Directors, the NATA Professional Responsibility in Athletic Training (PRAT) committee investigated shared common professional values of the membership. Through research conducted by PRAT, caring and compassion (C), integrity (I), respect (R), competence (C) and accountability (A) were identified as the shared professional values of the Athletic Training profession.

One of the things about ethics – it's tough; it's gray. In all our professional athletic training settings, we should be living the CIRCA values. Every time we make a decision, we should be thinking of CIRCA.

Watch for the PRAT Workgroup's publication in an upcoming issue of the Journal of Athletic Training. In the meantime, check out the shared professional values and common sample behaviors at https://www.nata.org/sites/default/files/prat_5infographicandout-final.pdf.

Governmental Affairs

Chair: Tanya Miller, MS, LAT, ATC
governmentalaffairsPATS@gmail.com



The last few months have been exciting in Pennsylvania for athletic trainers. We introduced two companion bills, SB 1160 and SB 1161, to update and modernize our current practice act. At the end of June, those bills were amended and voted out of the Senate Consumer Protection and Licensure Committee by a unanimous vote. The legislature will go into a summer recess and reconvene in the fall, so there is still work to be done to get our legislation to the Governor's desk for a signature by the end of this legislative session.

I wanted to provide a brief summary and next steps in this process to encourage your participation in our upcoming efforts. Now that our bills are out of committee in the Senate, the full Senate will need to review and potentially vote on our bills to move them to the House of Representatives. The hope is that the process will proceed as planned when the legislature returns in the fall. The current legislative session will end in December 2022.

If you have any questions, please contact me at governmentalaffairsPATS@gmail.com.

PATS will be asking for your help in contacting your Senators and Representatives when the time is needed. Please be sure to watch for our Presidential Alerts and help us advocate for the future of athletic training in Pennsylvania.



PATS Committee News

Free Communication

Chair: Aaron Hand, LAT, ATC
freecommunicationpats@gmail.com

No news submitted

Hall of Fame

Chair: Julie Ramsey Emrhein, M.Ed, LAT, ATC
emrhein@calu.edu

No news submitted

History & Archives

Co-Chairs: Richard M. Burkholder, LAT, ATC
Sandy Zettlemoyer, LAT, ATC
historyandarchivespats@gmail.com

The History and Archives Committee will be contacting you! The Committee will be sending you a short questionnaire for you to complete about your presidency. Our goal is to capture all the great things that have happened in the first 50 years of PATS and publish the information for our Anniversary. Be sure PATS has your email and please forward to any past presidents. Feel free to reach out to us at historyandarchivespats@gmail.com

Honors & Awards

Chair: Kathleen Nachazel, LAT, ATC
HonorsandAwardsPATS@gmail.com

The PATS Honors and Awards committee reports that after a two year in person hiatus we were grateful to celebrate with numerous award winners during the 2022 PATS Symposium in June.

Inclusivity

Chair: Mercedes Himmons, PhD, LAT, ATC
inclusivitypats@gmail.com

July is Minority Mental Health Month! Share @MinorityHealth's resources this #MinorityMentalHealth Month which includes a free and accredited e-learning program for health professionals to help them deliver culturally and linguistically appropriate behavioral health services. <https://minorityhealth.hhs.gov/minority-mental-health>



Membership Engagement & Value

Chair: Mary Kathryn Schickel, MS, LAT, ATC
MemberEngagementPATS@gmail.com

Welcome to our newest PATS Members Daniel Sheffield and Catharine Behrenshausen!

Member Engagement and Value continues to work on ways to engage current members and reach out to new PATS members. Keep an eye out as MEVC will be launching the next membership drive soon! Any current PATS only members who want to renew their membership can do so using our renewal form on the PATS website!

PATS Committee News

Nominations

Chair: Matt Frantz MEd, LAT, ATC
nominationspats@gmail.com

No news submitted

Newsletter

Chair: Jessica Kastin MS LAT ATC
quarterlynewsPATS@gmail.com

Submit news to QuarterlynewsPATS@gmail.com.

Research

Chair: Alison Gardiner Shires, PhD, ATC
researchgrantpats@gmail.com

Chelsea Wolff, MPH, LAT, ATC received the 2022-2023 Pennsylvania Athletic Trainers Society Research Grant for the project "Athletic Trainers Knowledge and Perception on Mental Health Best Practices".

Applications for the PATS, Inc. Supported Research Grant are due by March 1st of each year. Please visit <https://www.gopats.org/research-award> for submission details and more information.

PAT-PAC

Chair: Dave Marchetti, MS, LAT, ATC, CSCS
paathletictrainerspac@gmail.com

The PA Athletic Trainers' Political Action Committee would like to thank all of our donors. The PAC relies on donations from PATS members and allows us to advocate for our profession to impact legislators and legislation in the commonwealth. THANK YOU !

If you would like to donate to the PAC please visit <https://www.patpac.org/store/p2/Donation.html>

Practice Advancement (COPA)

Chair: Joshua Cramer DAT, LAT, ATC, ROT, CSCS, CES, FNS, PN1, EMR, ITAT
COPAPATS@gmail.com

Welcome Josh as the new chair of COPA. Thank you to Stephanie for her leadership and help with the transition. Stay tuned with more to come from this committee.

PA AT Political Action Committee

We support PA legislators that support ATs and all of our patients.



DONATE TO THE PATPAC!
PLEASE and THANK YOU!

PATS Committee News

Public Relations

Co-Chairs: Branden Green, MS, LAT, ATC
Emily Duckett, MS, LAT, ATC
PublicRelationsPATS@gmail.com

No news submitted

Secondary Schools

Chair: Kiernan Melograna LAT, ATC
secondaryschoolpats@gmail.com

Rest and recharge. More to come as the school year starts!

Technology

Chair: Jesse Townsend, MS, LAT, ATC
TechnologyPATS@gmail.com

The Technology Committee produced two new episodes of the PATS Podcast, Episode 27- Empowering Athletic Trainers with Erica Beidler Rothman and Episode 28- ACL-RTP with Stephan Bodkin. The PATS Podcast is looking for new hosts! If you are an athletic trainer and member of the Pennsylvania Athletic Trainers' Society and are interested in the opportunity to host the PATS Podcast, WE ARE LOOKING FOR YOU!

Duties:

- Identify podcast topics and guests.
- Communicate and schedule recording time with podcast guests.
- Prepare questionnaire template for podcast recording.
- Host podcast / interview guests.

Technology Continued

- Review and edit podcast.
- Create show notes and social media posts.

To see our previous podcasts and what we are looking for go to our YouTube channel, <https://www.youtube.com/user/gopatsAT> and look at our Technology Committee Podcast Playlist.

This is an amazing opportunity to learn about new topics, meet great people and help advance the profession! If interested, please go to <https://forms.gle/DkfYJ4bcjkH48CiX8> to complete an application. Contact Jesse Townsend at technologyPATS@gmail.com with any questions.

A big thank you goes out to Philip Hensler and Adam Richmond for all of their work on the Podcast. They will continue to be resources for the new hosts...we just won't see them on camera!

Young Professionals

Chair: Joanna Entz, MS, LAT, ATC
patsyoungpros@gmail.com

No news submitted

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MEDICINE**

PATS Regional Representative News

Northeast

Rep: Matthew Shelton, MS, LAT, ATC
NErepPATS@gmail.com

I would like to thank everyone from the NE region who attended our first in-person PATS Symposium in 2 years. While we didn't break any records, it was great to see everyone and talk some shop as well as catch up with colleagues and friends. I would like to thank Dave Marchetti and Aaron Hand for putting together a great PATS PAC luncheon during the Symposium to raise money for our legislative efforts. I know these two got some good feedback from the membership about future PATS PAC events and I look forward to supporting them and their efforts. I would like to congratulate Deryck (DJ) Snyder, he is PATS most recent PATS Lifesaver Award recipient. DJ is an AT at Pleasant Valley Middle School and was summoned by the softball coach that a wheelchair bound student, participating in the drama program, had collapsed and was not breathing. His fast thinking and actions saved this student's life. He was recognized by his school Board of Education and at PATS Banquet. In our last newsletter Notes from the NE, I introduced Aaron Boggs as the new Northampton County Delegate. He has since taken on Carbon County Delegate position as well. We are in need of a new Lackawanna County Delegate. I truly thank Paul Cutrufello for his years of service in this position. If you are interested in the Lackawanna County Delegate position, please feel free to contact me at nereppats@gmail.com and would be happy to answer any question about the position.

Northeast Continued

You don't have to live AND work in Lackawanna County to qualify for the delegate position but it would be preferable if you lived OR worked in that county. I had a nice visit to Moravian University to spend some time with Ellen Payne and David Wilkenfeld as well as their master level students. I wanted to drop off some gifts of appreciation to these two educators for participating in our state wide PATS Chat presentations, and they invited me to speak to their classes as to the importance and benefits of being a PATS member and giving back to your profession. Moravian is fortunate to have these two fine educators in their Athletic Training Program. And if you haven't checked the PATS Chats presentation, please do so. Just go to the members only page on the PATS website, the password is GOPATSGO. I would like to end this by asking for ideas for an CE event in the NE, a way for our region to get together and possibly get some CEUs at the same time. I am open to any and all opportunities/ideas for our NE region so please email me with your ideas: nereppats@gmail.com. Thank you and thank you for being a member of PATS.

When you plan an hour for taping
but complete it in half the time



PATS Regional Representative News

Northcentral

Rep: Michael Zalno, MS, LAT, ATC
NCrepPATS@gmail.com

Greetings from the North Central Region. I hope you are enjoying your summer and relaxing before we hit August when the grind of fall sports starts. I am excited to be taking over as your new representative and look forward to working with you.

It was nice to see a lot of you at the June conference. The convention was a great time with a lot of good speakers and content presented. I especially enjoyed the presentations by President-Elect Jamie Mansell, Ann Russ and Elizabeth Neil on Working Smarter, Not Harder and past Parliamentarian Nate Nestor on Blood Flow Restriction. Thank you to the Convention Committee for all of their hard work. Congratulations to all of the award winners.

A huge thanks to all who have been working on and promoting SB 1160 and 1161 (State Practice Act). Be sure to check your email for updates and information about contacting your legislators to encourage support of the bill.

If you have any news from your school, please do not hesitate to share.

Northwest

Rep: Josh Long MS, LAT, ATC, CSCS
NWrepPATS@gmail.com

Claire Kenny, an AT with AHN Erie, had the opportunity to provide athletic training services to the US Rhythmic Gymnastics team during their training camp in Germany this Spring.

She had already assisted the team during a previous event and should have the opportunity to be with the team during upcoming competitions, as well.

Patricia DiMatteo, MS, ATC, of Mercyhurst University, is set to travel to Finland in late July with Team USA for the IFAF Women's World Championships (tackle American Football). Patricia will provide comprehensive athletic training services to the US team as they seek defend their 2017 World Champion title.

Southeast

Rep: Kyle Harris, MS, LAT, ATC
SErepPATS@gmail.com

Thanks to all members of the southeast region who attended either PATS or NATA recently. It was excellent to see friendly faces and meet make new friends. A special congratulations to Rich Bertie (Drexel University) on receiving this year's PATS Service Award. It is well deserved. Another member of the southeast also was honored this at this year's symposium, Dr. Neil Curtis, who was inducted into the PATS Hall of Fame. A honor that is well deserved. Neil, we thank you for all that you have done for PATS!

PATS Regional Representative News

Southeast Continued

There were also 2 other members of the SE who were honored with award at this year NATA convention in Philadelphia. Congratulations to Dr. Nicole Cattano and Dr. Jamie Mansell. Both were awarded NATA service awards. Lastly, West Chester University recently celebrated Phil Donley and 50+ year of athletic training education. Congratulations to Phil Donley, West Chester University and all past and present students and faculty on reaching this incredible milestone. While many great photos were shared on social media, a few are included below.



Southcentral

Rep: Chris Seldomridge, LAT, ATC
SCrepPATS@gmail.com

I hope everyone is having an enjoyable summer. My apologies if I missed you at PATS or NATA, but I hope to see you at the Penn State Health Central PA Sports Medicine Symposium at Hershey Medical Center on August 2. If you need anything in the meantime please let me know.

-Chris



Southwest

Rep: William Ankrom, MS, LAT, ATC
SWrepPATS@gmail.com

Greetings from the Southwest Region! These past few months have felt like a somewhat normal, pre-COVID times in the Pittsburgh based Region. I have a number of items to share regarding the active ATs from the PATS Southwest region.

The first, is to share a heartfelt thank you to the current PATS Past President, Dr. Shelly DiCesaro (Southwest member) as she has handed off the duties of President at this past PATS Meeting.

PATS Regional Representative News

Southwest Continued...

Thank you Shelly for your many tireless and selfless hours of the serving the society and it's membership for the betterment of this profession.

During the NATA Convention, the District II Quiz Bowl representatives were an all-Pennsylvania team, comprised of a student from Kings College, Duquesne University, and the University of Pittsburgh. The team found great success and beat the other 10 districts to bring home a National Quiz bowl championship, bringing home the cup on behalf of District III! Congrats to Miranda Zito (Pitt) and Megan McQueen (Duquesne) from the Southwest Region!

A long-time, student advocate and clinical preceptor from West Mifflin High School has announced his retirement. Congratulations to Mr. Ron Ross for serving the students of West Mifflin High School for 29 years.



Southwest Continued...



The Southwest region of PATS had no shortage of AT representation at the NATA meeting in Philadelphia. A significant highlight of the convention this year was the induction of Mr. Larry Cooper into the NATA Hall of Fame as the Class of 2020. Well deserved Coop and keep up the grEAT work!

Additional names spotted or seen at NATA this from the Southwest Region, Included Emily Strama, University of Pittsburgh who was awarded the District II Tanya Dargusch Leadership in Community Service Scholarship at the District II Meeting.

PATS Regional Representative News

Southwest Continued...

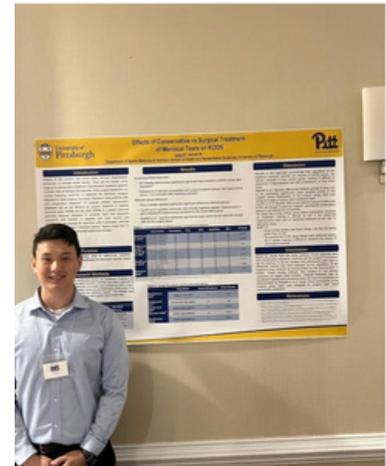
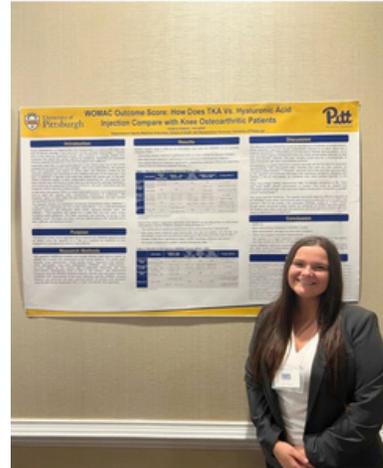
Congratulations to Dr. Erica Beidler from Duquesne University for the podium presentation at the NATA Convention titled, Emerging Trends in Concussion Prevention. Dr. Sarah Manspecker, faculty from Duquesne University was also presented an award.

Congratulations to the University of Pittsburgh Class of 22 graduates, Tori Hudson and Nathan Lang for presenting at the PATS Annual Meeting and Clinical Symposium! A special congratulations to Tori for being selected as first place recipient in the poster competition.

The PATS Symposium keynote Moyer Lecture this year was Dr. Ryan Nussbaum and PENS Elite Athletic Trainer, Mr. Corey Ratsch who are both employed by UPMC. The two-person team conquered and shared a presentation on working with disabled athletes, sharing a wealth of information. Congratulations and thank you to both Ryan & Corey on a job well done!

Have a great rest of summer and good luck with all of your upcoming fall AT related duties!

Southwest Continued...



Treasurer's Report

	6/9/2022	6/1/2021	Difference
Checking (Main- Wells Fargo)	\$161,411.66	\$121,573.38	\$39,838.28
Scholarship- Wells Fargo	\$214,409.23	\$220,454.89	(\$6,045.66)
Research- Wells Fargo	\$108,717.11	\$108,843.66	(\$126.55)
PNC	\$3,600.96	\$6,292.54	(\$2,691.58)
Total	\$488,138.96	\$457,164.47	\$30,974.49