

Katie Bartosik MEd, LAT, ATC, CES: Southeast Regional Representative

Katie Bartosik, MEd, LAT, ATC, CES started her career with NovaCare Rehabilitation in 2003 while pursuing her Graduate Degree at Temple University. Affectionately known as “Ms. B.” by her student-athletes, Katie has been the Athletic Trainer at Upper Dublin High School since August of 2005. Throughout her time at Upper Dublin, Katie has enjoyed building trusting relationships with not just the student-athletes she treats, but all members of the UD Community. Katie provides quality Athletic Training services for Upper Dublin at all practices, home athletic events, and away football games. She also helps facilitate Physician appointments, and is responsible for coordinating rehabilitation for all student-athletes, as well as providing educational tools for injury prevention and awareness. As a trusted and valued member of the NovaCare Sports Medicine Team, Katie has performed a variety of different administrative duties throughout her 20 years with NovaCare; such as planning educational workshops, speaking on Sports Medicine topics, implementing and overseeing proper documentation procedures within the Athletic Training Services Department, and serving as a Mentor to newly hired NovaCare Athletic Trainers.

Katie may be a little “Old School” if you will, in that her path toward becoming an Athletic Trainer was through the retired BOC “Internship Program.” Katie attended Cabrini College, now Cabrini University, and received her Bachelor’s of Science Degree in Sports Science in 2002. After completing additional Athletic Training courses at West Chester University and working the required clinical observation hours of the Internship Program, Katie became eligible for the BOC Exam and earned her Athletic Training Credential in February of 2003. Katie received a Master’s of Education in Athletic Training from Temple University in 2004 and served as a Preceptor for Temple University Athletic Training Students from 2009-2019. She is currently an Adjunct Assistant Professor for the Kinesiology Department within the College of Public Health at Temple.

Katie has spent some time on the PATS Secondary School Committee from 2019-2021. She accepted this nomination for PATS Southeastern Representative because she believes her experience, leadership, and organizational skills can help her serve as a dependable liaison to her colleagues in the Southeast Region and the Executive Board. She also believes she can assist her fellow Regional Representatives and the Executive Board in not only listening to your ideas and feedback, but also effectively communicating the happenings of certain matters related to our great profession of Athletic Training within our Region and the state of Pennsylvania.

Some of Katie’s interests include staying active through exercise and recreational sports. Katie loves Broadway musicals and leisure-reading, and Wildwood Crest is her summer shore spot! Katie is also actively engaged within the American Red Cross. She is a First Aid and CPR Instructor and volunteers as a Transportation Specialist, delivering blood products to hospitals within the Tri-State area. She also has been a platelet donor through the Red Cross since 2004. Finally, a fun fact about Katie is that she frequently sings the National Anthem at Upper Dublin athletic events!